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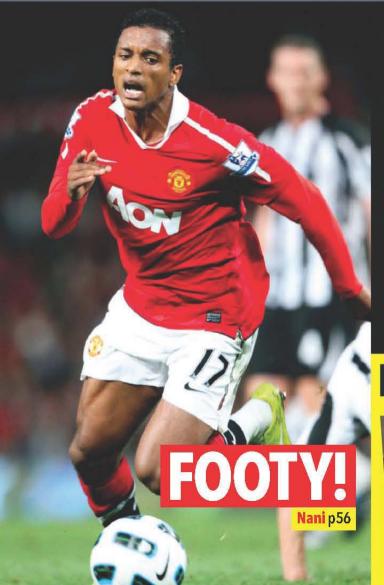
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IN THE Nuts OFFICE!



NUTSIA **NEVER TO BE TRUSTED WITH MATCHES!**

Flaming heck!

Stunt goes wrong, bloke nearly dies!

panky Spangler is a lucky man (albeit one with a rather silly name). This here camper van a) contains him in the driver's seat, and b) has just unexpectedly erupted into a fireball and is about to smash down nose-first onto a pile of junk cars.

The stunt driver was meant to be jumping through a series of planned explosions, but found himself immersed in this huge fireball when things went wrong. Luckily, he was freed and able to walk to a waiting ambulance. Which presumably exploded and crashed into a nearby shark tank!

4 Nuts

DF release: storemags & fantamag



Nuts NEWS

Nuts EXCLUSIVE!

topless!
The reality TV show unearths

another Home Counties babe!

uch like a Premier League leg break or any YouTube video involving snakes and mice, there's something just awfully, painfully riveting about ITV2's The Only Way Is Essex. We're horribly hooked.

So we welcomed the recent addition to our twice-weekly guilty-pleasure fix of Maria Fowler - a bubbly brunette with a gob for gossip and a 34E chest for, well, other stuff.

Maria made quite a splash last week, see, when she told Lauren that Sam and Amy had told her that Lauren's ex, Mark, is seeing a new girl, Lucy, who Sam went to school with, who he met while on holiday in Marbella and... Oh God. Shoot us now!







Rooney's mad, Paul Merson on the crazy transfer saga!

ith talk of falling out with his manager, handing in a transfer request in the summer, criticising the club and finally signing an unlikely fiveyear contract, Wayne Rooney's kept us glued to the news all week! But how to make sense of all these high-powered shenanigans? We asked Arsenal legend and top TV pundit Paul Merson for the inside scoop on the machinations at Old Trafford. If anyone has a clue about what §≰ went on, it's Merse!



MON, OCT 18

ROONEY CONTRADICTS FERGIE OVER HIS FITNESS!

"I wasn't having that! Who is Rooney to contradict the greatest manager ever? Fergie was probably only trying to keep him out of the limelight. I thought then another club had got in his ear about a move."

TheFA.c n...y...e?







Sophia Cahill

The former Miss Wales plays a sexy doctor in new flick entitled The Flirting Club. We're pretty sure she doesn't appear naked in the movie, so eyes left, chaps. Fist bump. Wink. Now move on.





If Carlsberg did 3D TV...



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Includes: 3D TV and glasses, Sky* HD box, 12-month subscription to Sky World and the HD pack

Plus free pair of pint glasses with every pack. See promotional packs for details.

Probably the best night in...

Blinged-up Rolls-Royce!

"Diva" edition is gold-plated!

- Fenice Milano, the Italian aftermarket styling house, has turned its attention to the Rolls-Royce Ghost to create a Roller like no other.
- The "Diva" has extensive internal and external restyling, and also comes with a host of technical and performance improvements.
- There are three colours to choose from: navy blue, bronze and pearlescent-whitethe latter two finished with genuine 24-carat gold grille, front bumper and bonnet. All come with gold sill covers, door handles and mirrors.
- The gold theme continues inside, with a gold-plated mini-bar and fold-down picnic tables.
- The original baby Rolls seats and steering wheel have

been restitched using biscuit leather with optional white/ bronze Alcantara. Between this and the lashings of gold across the dash and centre console trims, is a generous wedge of grey oak or teak.

 Performance hikes include a tuned electronic control unit, sportier suspension, and an improved induction and exhaust system. There are no specific performance figures for the Diva yet, but a regular

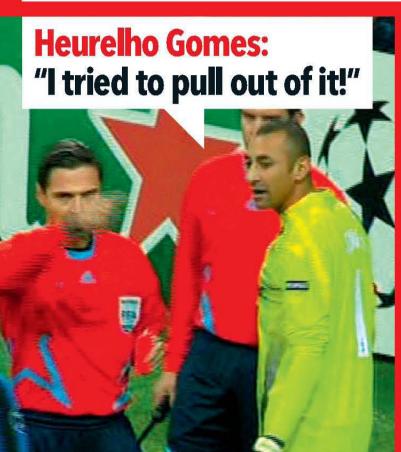
Ghost packs 563bhp and can do 0-60mph in 4.7 seconds.

 A standard Ghost will set you back at least £200,000. There's no news on the price of the blinged-up edition but, as the saying goes, if you have to ask, you can't afford it!



THE Nuts LIP-READER!

When he watches a match, he sees every word! John Cassidy is a real lip-reading expert. And an FA coach!



INTER VS SPURS San Siro, Wed 20 Oct, 7.54pm The Spurs keeper is sent off for felling Jonathan Biabiany, then claims he didn't mean it.



MAN UNITED VS WEST BROM Old Trafford, Sat 16 Oct, 4.37pm The Baggies keeper erupts when an iffy back-pass earns a free-kick.



INTER VS SPURS 9.35pm The Spurs hero offsets the disappointment of defeat with thoughts of his reward for a brilliantly taken hat-trick.



FULHAM VS SPURS Craven Cottage, Sat 16 Oct, 4.19pm After a rules recap, the officials decide Tom Huddlestone's effort can stand.



ARSENAL VS BIRMINGHAM Emirates Stadium, Sat 16 Oct, 4.03pm The Blues defender claims Marouane Chamakh dived to win a penalty.

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The future of TV!

Turns out, you just add Google!

fter conquering the internet like cackling, digital giants, the minted nerds over at Google have decided it's time to jolly up and internetise the humble TV. So they've partnered up with Sony (who also have a bit of expertise here), to create Google TV, and this slick, thin, lovelylooking set is a bit, well, special. And it should hit our shores next year, for around a grand.

A CHOICE OF REMOTE!

You can use the supplied remote, or use your mobile phone – as long as it's powered by Google's Android operating system. Or multiple mobiles, which could get messy...



THE INTERNET, ON TV!

The TV connects to broadband via Wi-Fi for a super-slick surfing experience. You can layers, or continue watching



ON-SCREEN APPS!

As this is Google, you can download apps direct to your TV, so when you fire it up, you can go straight to Facebook, Twitter or internet radio, or just play downloaded games.



PERSONALISE YOUR TV!

You can customise your TV like your PC's home screen by populating it with your own choice of apps, games, TV and radio channels or websites to greet you when you turn it on!



YOUTUBE!

The TV is made by Google, so a YouTube app unsurprisingly comes pre-installed, with your vids of talking dogs, people falling off skateboards and Glee parodies streamed in HD.



LIVE SEARCHES!

When you're watching a show, your box knows what it is, so if you're watching Arsenal vs Man United, fire up Twitter and it'll give you the real-time Twitter feed on the match.



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A QUICK WORD WITH... Richard Hammond

The Hamster on The Stig, dinosaurs, moose and the dangers of the iPad!

i Richard! You've got a new app out. Er, what does it do? It's called Hammond's Car Spotter. You see a tiny detail of a car. If you're sufficiently expert and can guess the car, you get max points. If not, you're shown more of the car and the points go down. It's the most anoraky thing you've ever tried. I'll give you a tip. "Supercars" is easiest. "Every Day" is f**king impossible and I work on the biggest car show in the world! At some point, I'm going to have to upload my score to the world championship board and I'm going to be really

embarrassed.
James and me
were doing
Top Gear Live
and we got
into a car.
We were

going, "This is alright, this new Laguna."
We got out and realised it was the new Vectra. We're supposed to know that!

If James May was an app, he'd be like the route-planner on theaa.com, except he'd take you on the most boring, slowest route possible. He would.

And if Clarkson was an app, the screen would flash and it would

make a big noise and you wouldn't be able to turn it off. That's extraordinarily accurate. What would a Richard Hammond app do? If I was an app, you'd press a button to turn me on and I might come on, or your phone might explode.

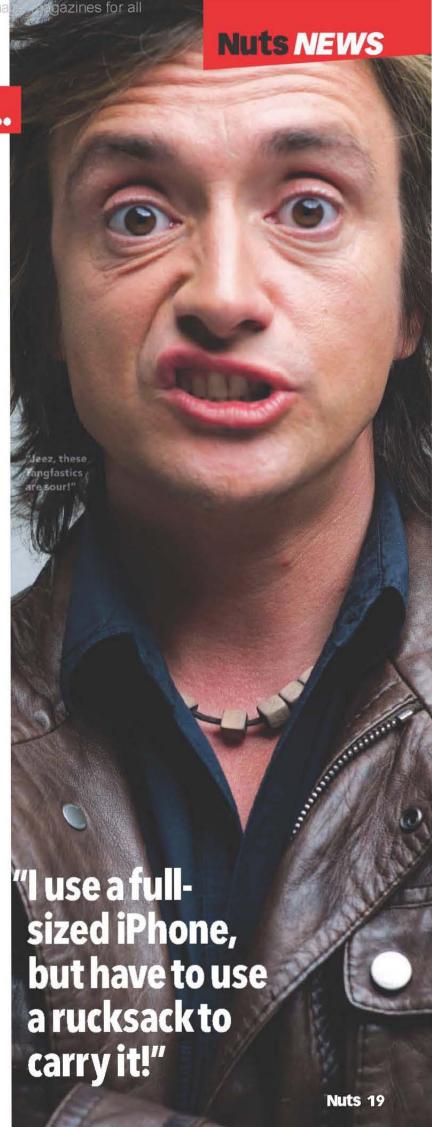
How about a Stig app, which you tell all your secrets then it uploads them to the internet without asking you? Ha! I did not say that, but that's funny! I wish I'd thought of that gag. Bugger! Are you allowed to have a fullsize iPhone or have you got a fun-sized one? Do you think I've got like a three quarter-sized one so I can hold it in my little paw? No, I carry around a full-size one. But I have to use a rucksack. Do you use an iPad as a fulllength mirror in your bedroom, or is it too dangerous because it might fall over and squash you? There's always that danger. I like the iPad but I think they should make a portable one. I can use my iPad as a surfboard, or a shelter in bad weather. Else the whole Hammond family sit around it

> and we use it as a dining table. Finally, there are now US and Oz versions of Top Gear. Who'd host Animal Top Gear? I'd be

a honey badger, that's an absolute certainty. Jezza would be a T-rex 'cos he's well out of date – he's a rockasaurus when it comes to his taste in music. Never ever go near his iPod. And James would be probably be a moose.

Download Hammond's Car Spotter from the iTunes app store from 1 November

CORRECT





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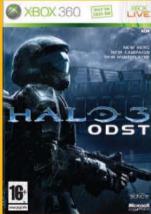




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Lake of fire!

Man abseils into an active volcano. Wearing tin foil!

o, he hasn't dropped his keys in. This is bona fide mentalist Drew Bristow abseiling 500 metres into the Marum Volcano – one of only five active lava lakes in the world – on Ambrym Island, Vanuatu, in the South Pacific.

In a special heat-repelling suit and clinging on to a flimsy rope, Drew got within 100 metres of the liquid rock – bubbling away at up to 1,200C. "But why?" we're all pondering. "To document the furious lava lake up close," says James Reynolds, who filmed it all. "And dry my hair – I'd just washed it!" he didn't add.

'I burn in the sun!'

Team leader Geoff Mackley on how and why they did it



Hi Geoff! Firstly, talk us

through that metal suit. Was it tin foil, or something a bit more techy? The heatproof suit was made by the fire brigade in Kaipoi, New Zealand, out of aluminised PBI. It's what airport fire crews use. Basically, why the heck did you do this? To get the most amazing pictures of a volcano possible! Fair enough. Was it hot? Not too bad. We aim to get even closer in November! Finally, do you burn in the sun? I do, actually. That's why I wear sunscreen!





70mph mobility scooter!

It's a record-breaking granny GTi!

he days of old ladies taking forever to do anything may finally have come to an end. Plumber Colin
Furze, 31, from Lincolnshire, has built the world's fastest mobility scooter by taking the engine out of a motorbike and sticking it on a granny mobile. And it's official – Guinness and their recordestablishing nerds gave him a posh certificate and everything!

Hi Colin! How fast does this bad boy actually go? The top speed is 71.59mph, so it's pretty quick! What made you want to speed up a mobility scooter? Someone gave me a mobility scooter to mess around with and I thought, "What's the fastest someone's gone on one of these things?" I applied for a world record attempt and they said they'd accept it if I got over 61mph.

Did you change anything other than the engine? No. The rules of the world record attempt stated that I couldn't change the appearance of it in any way, so I couldn't put any big wheels on it or anything.

Fair enough. Do you ever use it to just pop down the shops? I can't take it on the roads because it would need tax and MOT, as it's a petrol engine. But when I was testing it. I took it to supermarkets for photographs. It's not that useful, though!

Cheers, Colin! Finally, what do your parents think of it?

My mum's got her eye on it,
I think! She tells all her mates she's going to have the fastest scooter out of all them!

See the scooter in action at www.nuts.co.uk/spambank



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Simpsons stash busted!

Homer leads Mexican cops to 134 tonnes of weed after dawn gun battle!

exican authorities involved in the long fight against drug cartels have been given a helping hand by a band of rather stupid smugglers!

A whopping 10,000 packages of marijuana, weighing 134 tonnes, and with a street value of £216m, were seized in the city of Tijuana after a dawn gun battle between gang members and authorities.

Among the consignment were a number of parcels helpfully labelled with an image of Homer Simpson saying, "Voy de mojarra, que wey!" – roughly translated as, "I'm going to get high, dude!" General Alfonso Duarte Mujica, who was in charge of the raid told reporters, "This is a significant haul. Yes, we're very pleased."

Or as Homer might say, in between puffs, "Woo-hoo!"



DON'T LOOK!

Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com



'My thumb was hanging off!'



ext time you're thinking of doing a spot of DIY, get the professionals in, like rail worker Andrew Trevis should have done.

"I was cutting through some oak flooring for a fireplace and the saw kicked back into my hand," Andrew, from Salisbury, tells Nuts. "I didn't think anything of it until I saw the blood, then I looked down and my thumb was hanging off.

"It didn't hurt for about a minute, but blood was gushing out. I went in to show my wife, but she didn't believe me at first
-she started panicking when she
saw blood all over my hand!

"I didn't think they'd be able to save my thumb, but the hospital did a great job. The fireplace is finished now too, although I didn't do any more sawing!"

Win £1,000!

"I swear I'm not Mr Weasley from Harry Potter!"

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2010 will win £1,000 in cash!* Submit your images and contact details to dontlook@ipcmedia.com

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Star Wars Lego alarm clocks

Nuts says: No introduction needed here - it's a pair of Star Wars Lego Darth Vader and Stormtrooper alarm clocks! Better still, their arms, legs and head all move, so you can pose them as you like. Brilliant!

Gear4 AlarmDock **Halo speaker**

www.gear4.co.uk

Nuts says: This syncs to your iPod/iPhone, turning its touch screen into the main control interface. You can also set the alarm remotely using a downloadable app.

Tune the Halo's radio through vour iPod/ iPhone's screen

CE34

Wii Induction Charger

www.blazeeurope.com

Nuts says: Stick these batteries into your Wiimote, and you'll be able to charge them just by laying them on the pad (which is plugged into the mains, obviously). Easy.

Check out more reviews at

Vest-nibbling, Jedward-insulting, rude goal-celebrating fun!

Send your Letters to nutslette



Jed stupid

This is me (near right) and my mate Andy with one of Jedward as they filmed an advert. When I produced this V sign at him everyone started to laugh but he was clueless!

Ted Smith, Maidstone

Ah, the traditional English V sign. Good to see it's alive and well! None of this Yankee one-fingered salute nonsense, please, gents!



Good enough to eat

Dear Nuts,

This is me enjoying a nibble on my new Nuts vest!

Stephanie Bowyer, via email Don't eat it all at once, Stephanie. Although, you know, if you absolutely have to...







Virtual man-love!

Dear Nuts, Spotted in Fifa 11. I don't think this is what Milito was expecting when he asked how Eto'o's ball control was...

Dan Cooper, Chigwell



STEALTH BUMMING "Here's Isle of Man cyclist Andy Roche at the Commonwealth Games. His manager sent me this!" Wayne Foy, Isle Of Man

This place blows

Dear Nuts,

I thought you might be interested in this café I discovered in San Francisco while travelling this year! I didn't have time to pop in, but it definitely seems like my kind of café!

Jack Baines, Leeds

You might want to think twice about saying that in San Francisco, Jack!

Mate feast!

Dear Nuts.

I saw this printed on a menu while I was on holiday in Venice. The choice between side orders seemed a pretty straightforward one!

Sam Lacchin, Kent

We hear you, Sam! Who the hell wants a mixed seasonal salad? Sounds far too healthy! s@ipcmedia.com or to the address on p64



Snoozer loser

Dear Nuts,

I went to Las Vegas this summer and after a long night in the casinos, my mate bailed and fell asleep. Big mistake, as you can see – we covered him with everything in the room!

Andrew Jefferies, St Albans Well played! The cold drink on the nadgers is a nice touch!



A lovely Portu-Gal

Dear Nuts,

I was away on holiday in Portugal so I thought I'd pose for you in the outfit you gave me.

Charley Green, via email It seems the outfit is unable to cover your boobs up. We're not complaining, we're just saying...

See more funny stuff at www.nuts.co.uk/spambank



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Get fed up

"l'm a Burton Albion fan really'

Send your letters, hilarious spam pictures and camera phone cutie shots to: nutsletters@ipcmedia.com or post them to the address on p64. The sender of the week's best letter* will win £100 of vouchers to spend at play.com, the UK's favourite online entertainment retailer, with big savings and free delivery on everything. Visit www.play.com for great deals on DVD's, games, CDs, digital downloads, books, electronics and more!



YOUR JOKES

Bursting with all the best gags, every week!

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SHORTJOKES!

Q: What's the difference between a brick and a ginger?
A: A brick gets laid

Liam Croasdale, Leeds

A man has been arrested today at customs. He was carrying 30 passports, 12 work permits, 18 birth certificates and seven NHS cards. Police have not yet identified him

Matt Chart, Surrey

Q: Why doesn't Lennox Lewis have a PlayStation 3?

A: He's an ex-boxer

Danny Steel, Manchester

Q: Why did the Vick's employee get beaten up? A: He was rubbing people

up the wrong way

Jamie Jones, via email



Sick joke!

A bloke is out on the lash with his mates and gets hammered. By the time he staggers home, he's covered in puke, and his wife gives him an earful. The next night one of his mates says, "When it happens again, make sure you've got 20 guid in your pocket and tell her that someone else puked on you and gave you the cash for the dry cleaners!" The guy duly gets hammered and later falls through the door, covered in sick again.

His wife freaks out so he slurs, "It wasn't me! A guy puked on me, but gave me 20 quid for the cleaning!"

His wife checks his pocket and says, "There's 40 quid in here."

The guy replies, "He pooed in my pants, too."

Andrew, Cardiff

Toy story

A mother and her young son are driving behind an Ann Summers delivery van when a huge dildo flies out and hits the screen. The mother, desperate to save her son's innocence says, "Don't worry, that was just a fly." The boy replies, "I'm surprised it could get off the ground with a willy that big!"

Dan, Scotland

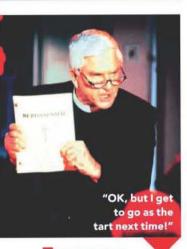


Win PS3 & The Collector DVD

Send jokes to nutsjokes@ipcmedia.com or to the address on page 64. From the makers of Saw, The Collector is one of the goriest films ever made – and it's out now on DVD & Blu-ray! To celebrate, the sender of this week's best joke* wins a copy of the film and a PS3!



edia.com or to the address on p64



Famous last words

Lying in a hospital bed, a dying man begins to flail about and make motions as if he'd like to speak. The priest, keeping watch at his bedside, leans over and asks, "Do you have something you'd like to say?" Handing him a pen and pad, the priest adds, "I know you can't speak, but write a note and I'll give it to your wife. She's waiting just outside." The dying man scrawls a message and stuffs it into the priest's hands. Moments later, he dies. The priest leaves to break the news to the wife and hand her the note.

"These were his last words," he says. The wife tearfully opens the note, and reads, "Get off my f**king oxygen hose!" Patrice, York

You're fired!

I could never work in the Jobcentre. Imagine if you got fired, you'd still have to show up the next day!

Aaron Barnes, Edinburgh

FAMOUS BLOKES' JOKES'

KEVIN BRIDGES:

"For passengers wishing to change for the train to Wolverhampton, there's

a JD Sports opposite the station"

Stewart Francis:

"When I was a kid, my fairy godmother asked if I wanted a long penis or a long memory... I forget my response."

Tim Vine:
"I'm going to
be on the road
for a month
and a half. I've
got a job to
tarmac the A3"

Hugh Dennis:
"The current
government is a bit
like shopping in Ikea.
The cabinets come
in two parts and
may well fall apart"

JIMMY CARR:
"There's an easy
way of telling
if your house is
haunted. It isn't!"

Milton Jones:

"You've got to be really careful when hiding money offshore - I fell out of the boat six times"





Sean Lock:

"I had an unhappy childhood. Sixteen years with no lager. How did I manage that?"

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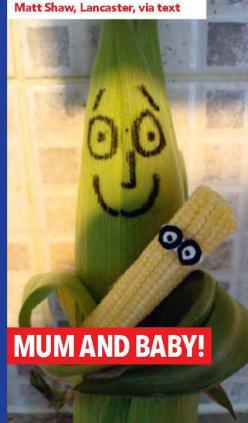
Text 'Nuts' and your picture to 0771 388 8008 (texts are free but standard network charges apply*). Pic Of The Week wins £100 cash!** T&Cs on page 64.







"They've been getting a bit dark recently, so I've done a nice one!"









"This apple reminds me of something but I just can't figure out what!" **Anon, via text**



"Look at the size of this Frazzle! It's absolutely mahoosive!" Adam, via text

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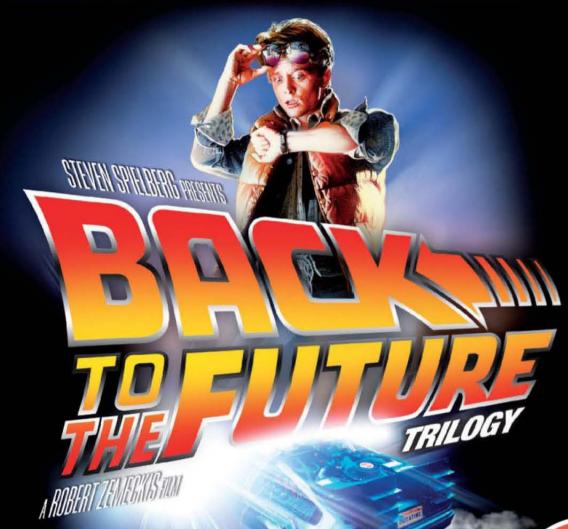
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Have a cheeky flash - and earn some cash!



SAIR 20, from York

"This is me at the petrol station. Anyone need a quick fill-up?"



EMILY 21, from Derbyshire

"I decided to take a seat after a stroll in the countryside."



BECKY 21, from Exeter

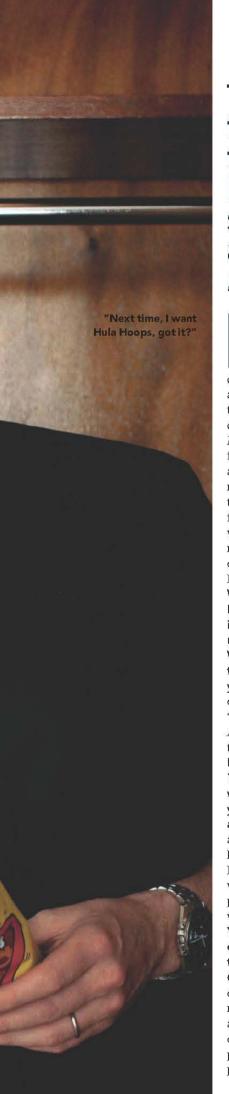
"I hoped the tall grass wouldn't hide me completely!"



LEANNE-MARIE 34, from Braintree

"I think this proves that the only way really is Essex!"





The top movie funny bloke talks Megan Fox, rubbish stand-up gigs and new film Burke & Hare!

i Simon! Tell us a bit about your upcoming new movie. Burke & Hare is a gruesome comedy based on a true story and directed by John Landis, the man who made the horror classic American Werewolf In London, Andy Serkis (Gollum from The Lord Of The Rings) and I play a pair of Irish grave robbers who made a mint in the 19th century selling bodies for medical research. They weren't excessively violent, just morally bankrupt. They're kind of sweet though. Like an evil Laurel and Hardy!

We read that after William Burke was hanged for his crimes in 1829, they made a pocket notebook bound with his skin. What would you like your skin to be used for when you pop your clogs? Hmm... a nice set of encyclopaedias bound in "me leather" or a special edition A-Z Of Gloucester covered in my taut, leathery flesh!

Nice! You played Scotty in Star Trek and your Scottish accent was a bit rubbish. So, how did you master the Northern Irish accent for this movie? We had a brilliant dialect coach. It's really hard trying to nail an accent. Every accent has a key, a certain word that unlocks it. I'm sure people in Northern Ireland will wince but we did our best! You started out doing comedy on the stand-up circuit. What's the worst gig you ever played? Christmas party audiences out

on the stand-up circuit. What's the worst gig you ever played? Christmas party audiences out on a "works do" were tough and really they just wanted to be back at the office, drinking red wine out of paper cups and trying to persuade Tina from accounts to photocopy her vagina!

Top idea! We heard you used to be a pretty big gamer. Do you still do a fair bit of finger twiddling? Sadly, there isn't always enough time for video games these days but I've just done a voice on the new Fable 3 game, so I'm gonna get stuck into that. I'd rather hang out with the missus than Lara Croft these days, if you know what I mean! It's a more enriching experience. But if I can grab an hour when the nipper's napping, it's cool to dip into Bioshock or Left 4 Dead. You went on a road trip across America with your comedy partner Nick Frost recently. What kind of crazy things did you get up to? We nearly died! The computer system on our motorhome broke down. Luckily, we found a motel for the night in the middle of nowhere. The next day, we discovered that it had been so cold overnight, if we'd staved in the truck we'd have frozen to death!

Crikey! Do you watch football? Which team do you support? I supported Liverpool as a kid until I realised I didn't "have" to like football if I didn't want. to. And I don't. I'll always support the national team but this last World Cup just cemented my dislike of what football's become. I wasn't born close to a big team I could get behind like Nick Frost. He's a big West Ham fan. Every season, I see his moods follow the results. I don't think I could stand having to go through that emotional rollercoaster.

What does Fabio Capello need to do to turn things round? Or is he just the wrong man for the job? Make them play as a team. Where's the self-confidence, Fabio? Try a different formation! But the English problem is that we always blame the manager! He's always the scapegoat because we cannot admit the fact that our players are fantastic at club level but average in the national side. Now, I'm a nonfootball person but I see a frightening lack of cohesion in the team. There's terror in their eves but it's our fault because we put so much pressure on them. We're so desperate to recapture the glory of '66 that every time the World Cup comes round,

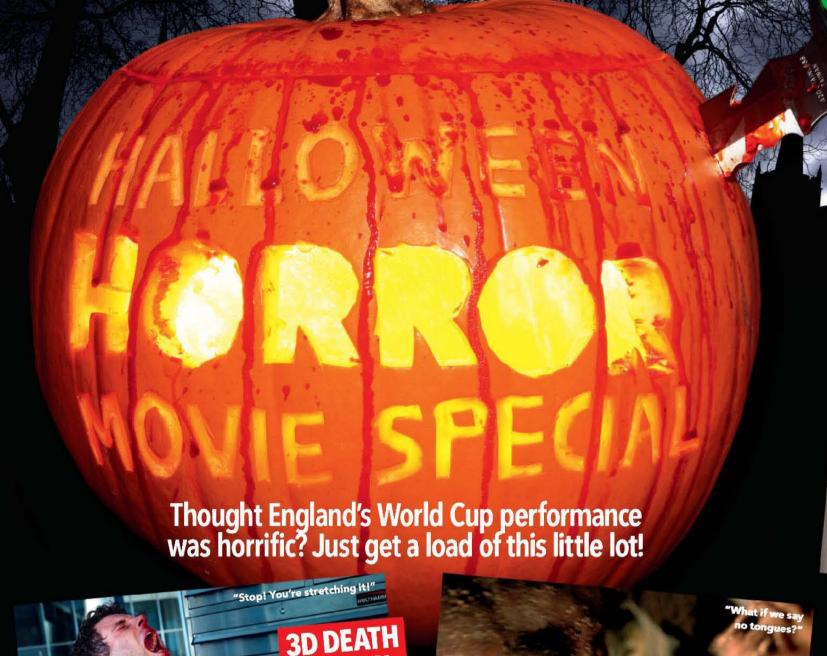
NUTS INTERVIEW

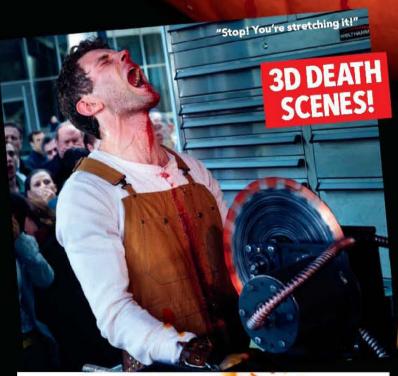
those guys must be sh*tting themselves! I bet they're thinking, "If we don't perform, they're gonna hang effigies of us and we'll be the most hated people in the country." Which they did with Beckham in '98. That's no condition to play sports under. It's a vicious circle! Phew! OK, so tell us, what are some of the best and worst things about being famous? It's a double-edged sword. The misconception is that people who do jobs like I do just do it for that reason. It's just a result of what I do, and not always a good one. It's like having to wear a massive, stupid hat for your entire life! Not being able to have a quiet drink in the pub is a small price to pay for being treated nicely at airports, though! Finally, you were in How To Lose Friends & Alienate People with Megan Fox. How do you concentrate when your co-star is that hot? I have to say it was pretty embarrassing having to dance around in front of her in my underwear. She's a top girl and as gorgeous as she is, you obviously want to be as cool as you can around her. There were loads of scenes where I was trying to seduce her and when the camera stopped rolling, she was kind enough to constantly point out to me that I was old

Burke & Hare is at cinemas everywhere from Friday

enough to be her dad!









SAW 3D

What's it about? The seventh film features a host of new death traps as Jigsaw's survivors face a final wave of carnage. In 3D! Scariest bit? The poor chap who's hooked up to a circular saw in a shop window while a crowd standing outside watch him get sliced to bits. Lovely. When's it out? 29 October

FRIGHT FACTOR







十胜 姓夕

What's it about? British-made zombie flick following a soldier who crashes in an African desert and has to fight the undead. Scariest bit? The main character goes bonkers with a shotgun

and a machete! We can only imagine it's a bit like getting the hairdryer treatment from Fergie! When's it out? November 2010

FRIGHT FACTOR











PARANORMAL ACTIVITY 2

What's it about? A family tormented by sinister forces set up a camcorder to record what's going on, Gulp! Scariest bit? All of it! We had to sleep with the light on for

a month after the last one and is one's worse! We screamed very time a door slammed! When's it out? Out now

FRIGHT FACTOR







MONSTERS

What's it about? Aliens, We follow a couple stranded in something called "the infected zone" after an alien invasion Scariest bit? We don't know. As soon as we saw the giant squid

like aliens, we did a runner from the cinema and hid at home. Trust us, they look horrible! When's it out? 3 December

FRIGHT FACTOR





"Stop moaning, Claire,

it's your turn to



the mor



CANNIBAL CARNAGE!

SKYLINE

What's it about? This one's all about massive scary aliens who come to Earth to wipe out mankind! How rude! Scariest bit? Pretty much eve time the gigantic freaky aliens

shoot their suckers at helicopters and stomp the bejesus out of anything they can find. When's it out? 12 November

FRIGHT FACTOR







WE ARE WHAT WE ARE

What's it about? A lovely little movie set in Mexico about the importance of family bonding. Oh, and the family are cannibals! Scariest bit? When the children persuade a victim to come back

to the family home, where they rip her limb from limb. Not the warmest welcome we've seen! When's it out? 5 November■

FRIGHT **FACTOR**







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Hollyoaks' Jorgie Porter presents...

TV's Sexiest Babes!

It's our tribute to terrific telly talent!

asn't it been top year for British telly totty? Stacks of home-grown honeys have graced our screens—plus a few foreign lovelies, too! So in celebration of a bumper crop of boobs on the box, we asked *Hollyoaks'* Jorgie Porter to present the best. And she even stripped off herself! Hooray!



44 Nuts





JORGIE PORTER, HOLLYOAKS

Hi Jorgie! Are you nervous about doing a shoot for Nuts? No, I love it! I'm really excited and feel I'm in safe hands - it's so much fun! What's it like to hit the town with the Hollyoaks girls? We tend to all go out together and get smashed! But not so much that we don't remember. It's fun to recap the night's events and laugh about them! Who handles her booze the best? Jenny Metcalfe, definitely. She can drink loads and somehow still be OK. I can't drink as much as I've only got a little body! Who's most likely to go home early? I'd normally say Gemma Merna, but we recently went out and said to each other, "We don't want to miss out!" So we stayed out all night. We had a hotel room and the party went on until we got into our pyjamas at about 5am! Crikey! How would you describe yourself on a night out? Cheeky, chatty and funny! You know you're drunk when you go to the toilet, start laughing and just pull loads of toilet roll off, round and round the roll! I'm a good drunk. When the new characters come in, they usually strip down to their pants straightaway - did you? Yeah! When I first started, I slept with Tony and was straight into my undies! To your knowledge, has anyone from Hollyoaks ever been given the job just because they're really fit? No! Everyone has to go through casting, so they have to be able to act! I've been asked before whether it's more important to be good looking or a good actor. For me, it's better when you can act because you want to bounce off people. We work with a lot of hard storylines! →





are suddenly getting hot people but where did they come from? They live out in the country! It's like a new species of hot people just came in from the farms. Are there big rivalries? A bit, until you talk to them and realise they're mates. But at the soap awards, it's always like, "We're up for the same thing. Grr!" Do you rate yourself as attractive? No way! When I talk, my face goes all over the place. Plus I was dumpy at college. When I see pics of myself from back then, I think, "That's not me!" How many times in your life have you been called "Jorgie Porgie?" About two billion! People stand there and sing it to me and I'm like, "What do I do? Do I sing the next line? Do you really think you're the first person to sing this to me?" Now, we hear you fancy Jeremy Clarkson! Is that true? Yeah, I love Top Gear! Do you know who else I fancy? Michael McIntyre. Yeah! Is that weird? Hike them 'cos they're funny. I just want to hang around with them every day. Michael Bisping was in Hollyoaks. What did you make of him? When I met him, I thought, "Who is this guy?" I expected his brain cells to have been knocked out, but he's hilarious. He's really quick-witted, and we just spent all our time on YouTube looking at kittens. Mike Bisping, one of the hardest blokes going, likes watching videos of kittens? Ha-ha! I'm going to destroy his reputation here! Thanks, Jorgie! In a man, do you prefer huge Bisping types, or smaller blokes in glasses? I don't like people to be skinnier than me! A tall man is a problem, too, because I'm quite small. But most importantly, I like a bit of banter. Banter is key! -















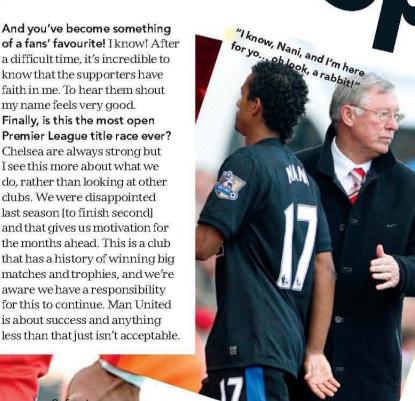


United right now, how important is your role in the team? The history here demands you understand that you're representing something very special. This is why I came to Manchester in the first place and was determined to fight. You did indeed have to fight because a couple of seasons ago, it looked like you were on your way out! Yes, there were problems, but I'm not a quitter. I knew I had to be patient and work hard. I hope I'm now starting to show what I can do. I can say I'm at the best moment of my career in Manchester. Every game, I feel amazing!

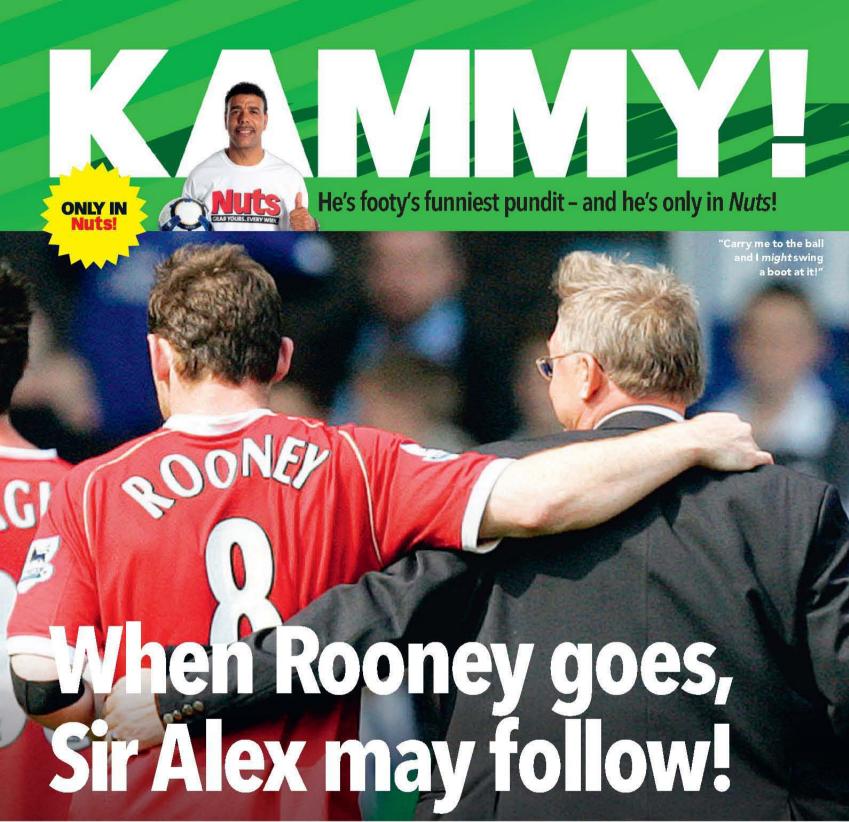
world! United is the best club in the world and I want to be one of the best players in the world! Can you put your finger on how you turned things around? Confidence is fundamental. I feel this club is my home and this gives me the freedom I need to be an important player. I knew this was a critical season for me and I'm pleased with how things are progressing, for sure.

What do you want to achieve personally this season? For the fans to talk about me in a positive way and believe I'm a United player in every sense. I want to help my team-mates win things and I want to score more goals!

a difficult time, it's incredible to know that the supporters have faith in me. To hear them shout my name feels very good. Finally, is this the most open Premier League title race ever? Chelsea are always strong but I see this more about what we do, rather than looking at other clubs. We were disappointed last season [to finish second] and that gives us motivation for the months ahead. This is a club that has a history of winning big matches and trophies, and we're aware we have a responsibility for this to continue. Man United is about success and anything







hat a week! What started as a rumour that Wayne Rooney wasn't entirely happy with his contract offer at Man United rapidly escalated into world news and culminated with a press conference in which Sir Alex Ferguson revealed Wayne wanted out. How they've

"Sir Alex looked like a changed man last week!" got to this situation I don't know, but I think United's loss will be Chelsea's gain.

Much as Man City are being touted as favourites to sign him, he'd be a total pariah in the city of Manchester, and without being far-fetched, he might have to worry about his safety. In London, he'd be able to enjoy some degree of anonymity, and I honestly can't see him moving abroad—it wouldn't suit his game or personality in any way.

Chelsea would offer him Champions League football, a lot of ambition in the transfer market (something his current team haven't been able to show for quite some time) and a base to start afresh with his family.

He's obviously very unhappy at Man United, but I don't think that was a reason for his poor form at the World Cup. I sat with Wayne at the football writers' dinner before the tournament and he was full of beans, talking about United and how he hoped to become the best footballer in the world. There were no signs of trouble, so it must have been

revelations about his private life that caused the rift, and perhaps Sir Alex's reaction to them.

As for Fergie, he's been through this sort of stuff before, but he looked a changed man at last week's press conference. He looked bemused and almost tearful at the way footballers have changed, and I think once this is all done, he may feel enough is enough for him.

Man United look like they've lost their way. Without the big man at the helm, there could be really choppy waters ahead!



SILVA STAR

What a goal by David Silva of Man City against Blackpool! It was Messiesque, and I think we might well see the best of the Spaniard from here on in.



UNBELIEVABLY BAD!



SILLY JACK!

I'm a big fan of Arsene Wenger, and I felt for him when Jack Wilshere launched into a tackle to get sent off. It was awful timing after Wenger's recent comments.

Something from the old days!

Kammy! Here's a pic of me with your Sheffield United shirt before a match against Wimbledon in the mid-'90s. Some would have picked a bigname player's shirt, but not me – I went for a real legend!

Chris Haywood, Sheffield
Nice one, Chris! That's going
back a bit! I bet that'd be worth
a fortune now! I'm not sure
what you mean by other people
picking "a big-name player"
though – surely I was as big as
they came back then! Ha-ha!



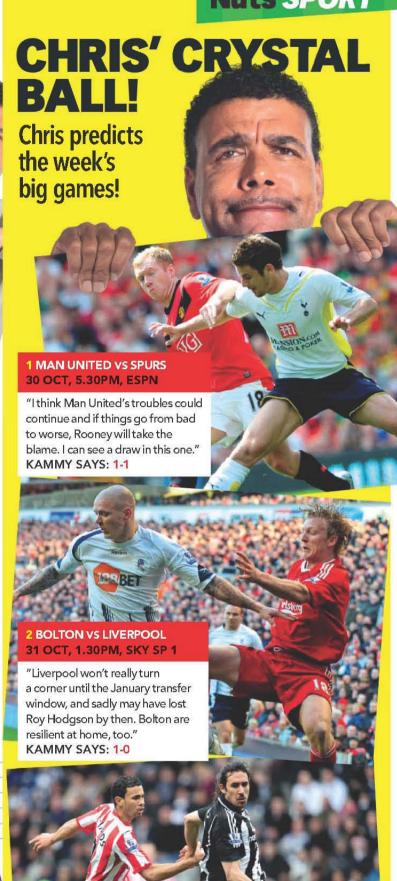
DRAW KAMMY!

Well done, lads, that's actually not a bad likeness at all!

Kammy needs you!

Send Kammy your jokes, pics etc to kammy@ipcmedia.com. The sender of the best one each week will win a signed *Nuts* T-shirt!





3 NEWCASTLE VS SUNDERLAND

"How we've missed the Tyneside derby! This is a big game for both

Chris Hughton and Steve Bruce,

fought draw. With a few cards!"

and I think it'll result in a hard-

KAMMY SAYS: 1-1

31 OCT, 4PM, SKY SP 1



When footballers rap: Professor Green won't exactly be shaking in his boots!

et's face it, professional footballers are good at one thing – providing us entertainment at the weekend with their mad skills and crazy goals on the pitch.

One thing they should never do is get behind a microphone, but as new Sunderland striker Asamoah Gyan showed recently, they don't ever seem to learn this lesson. And it turns out he's not the only one!

CL Tit Salice cas to

CLINT DEMPSEY FULHAM

Title: Don't Tread

Sample lyrics: "I grind more ice than a hockey skate, more cash than in a bank, no need to relate." Good, 'cos we don't! Highlights: Clint 'n' chums in one of those daft bouncy cars.

DJIBRIL CISSE

PANATHINAIKOS

Title: Shame My Play
Sample lyrics: "Start f**king,
let's get this party jumping!"
Highlights: Cisse's stupid hair,
and, thankfully, a total absence
of horrendous broken legs.

ANDY COLE

EX-MAN UNITED

Title: Outstanding
Sample lyrics: "United forever,
whatever the weather, less
than 100 per cent? Never!"
Highlights: Other musicians
looking embarrassed.

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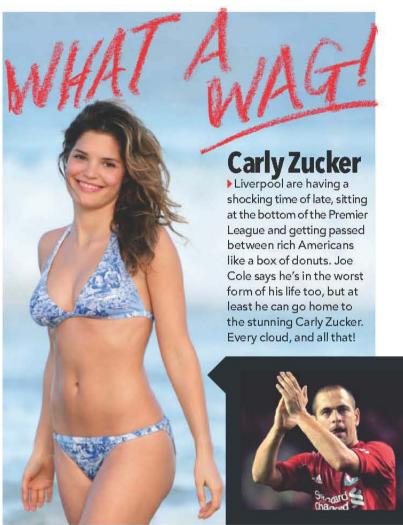


We thought the only time you needed "a hand" in tennis was when you were playing doubles. Well, apparently, Andy Roddick needs one a bit more often than that – like between games!





We've said it plenty of times before, but rugby is just a bit too tough for us. Watching it on the telly is fine, but would we want to end up covered in claret like Boroughmuir winger Harris Jones? No, thanks!





Nuts Poker School

This week: our handy guide to poker hands

nless you've been living under a rock for the past few years, you'll have noticed that internet poker has kicked off big time. So we've decided to join forces with internet poker legends PKR to create the Nuts Poker Room online. As the

expert players say, poker takes minutes to learn and a lifetime to master, so we've come up with this easy to understand guide to poker hands, so you'll always know what you're holding. It won't help you to spot those all-important "tells" when a rival

player is bluffing, or make you a better bluffer yourself, but at least you'll know what beats what in the final showdown. Just stick this guide on the side of your computer screen, and you'll always know if you should hold 'em or fold 'em.



1. Royal Flush

The five highest-ranking cards in sequence – 10, J, Q, K, A and all in the same suit. Nice, but comes around as often as Christmas.

2. Straight Flush

Five suited cards in sequence. The highest card determines the rank of two straight-flush hands – eg a ninehigh hand beats an eight-high one.

3. Four Of A Kind

Four cards of the same rank. If you're holding four kings come showdown and a rival player shows four queens, then the kings win.

4. Full House

Three cards of the same rank, plus another two cards of the same rank. Where there are two full houses, the highest rank of triplets wins.

5. Flush

Five cards of the same suit that are not in sequence. If two players have a flush, the person with the highest card in their flush wins.









6. Straight

Five cards in sequence, not all of the same suit. The highest card within the straight determines the winner when there are two straights.

7. Three Of A Kind

Three cards of the same rank and two non-matching cards. The rank of the three matching cards determines the rank of the hand.

8. Two Pairs

Two separate pairs of matching cards of different ranks within the same hand, with an unrelated fifth card. Highest pair wins in a tie-break situation. Or the fifth card if there are two identical two-pair hands.

9. Pair

Two matching cards of the same value and three unrelated cards. The ranking of the pair determines the overall strength of the hand.

10. High Card

If two players turn over their hands, and neither have made any pairs etc, the person with the best five cards (including those on the flop) wins.













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OUOTE ME ON THAT!

This week's biggest match debaters!

"TalkSport is the funniest radio show



"Look at my donkeylashers!"

Blackpool sure can k

"I tell my players it's better they go with a woman than drink. Much better" sster City boss Roberto

confirms that he's got his off-field priorities right.

Chris Kamara loves to watch his radio.

Glen Johnson has given the ball away 700 times in this game"

"I sent my team out to kick seven bells out of West Ham. I've no idea what they were doing, playing all that freeflowing football"

Mick McCarthy doesn't understand his Wolves team. "Once Sheila Dikshit got involved, she really did kick sh*t aroun

"I look at the minuscule particles of dust, trying to see if there's an atom there. Maybe it's just a bit of dust"

Roy Hodgson finds an alternative to watching his Liverpool side.

"Me and Sam **Allardyce went** to Spain for a few days. Did we hold hands and play skippy? No, we just

sat there and got bladdered"

Steve Bruce goes on the lash with Big Sam.

"Andy Carroll is injured, but he's fit for the game"

"I'd love **Lionel Messi** on loan at Birmingham" Dream on, Brum City manager Alex McLeish.



'OO-ER SOUNDS A BIT RUDE' CORNER!

"What should dangle in the water is vour tackle"

TalkSport's Mike Parry

"In Argentina we have big balls. My celebration showed that" Newcastle's Gutierrez

exposes his roots

"I like it long and hard" France boss Laurent

Blanc isn't shy.



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Nuts GAMBLING MASTERCLASS!

We poured this advice into a *Nuts* man's head and sent him online to try to win!

Deal or No Deal top tips!

eal or No Deal is
a game enjoyed just
by those who believe
in a "system", right?
Well, the TV game show might
be, but the multi-line slot isn't!

For as little as 5p a go, you can win big – and if you're willing to play on all lines, you could win a progressive jackpot. In fact, one winner walked off with £1.96m!

And best of all? You can win big money in the comfort of your own home!

HOW TO PLAY

- The aim is to get winning symbol combinations from a spin of the reels, with the ultimate aim being to win the progressive jackpot.
- You can gamble up to 20p on each of the 20 pay lines.
 That's up to 20 chances to win on each play!
- The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.

THE NUMBER LINES

It's all self-explanatory – click the number beside the reels, or the "Bet One" or "Bet Max" button. Choose Bet Max for the chance to play the bonus game and win the biggest jackpots!

DEAL OR NO DEAL BONUS GAME

If you're betting on all 20 pay lines and you get three Deal or No Deal bonus symbols on any pay line, the bonus game begins. This is much like the Deal Or No Deal TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

He won big!

David R won £58,236 on Deal or No Deal!**

"I'm so shocked, I took the day off work. It's so hard to believe this is all real!"



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BEDROOM BABES!

Vote for your favourite - and she'll star in *Nuts*!

Vote for your favourite at www.nuts.co.uk/girls

Ladies, send us your pictures! Send your photos to Real Girls UK, Nuts, 4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be at least 18 years old.

ONLY IN

Genna

24, London, beauty therapist "I'm a member of the mile-high club. You can't stop my animal passions – even in the air!"

Gabrielle

18, High Wycombe, hair stylist "My sexiest outfit is a black see-through babydoll dress! Would you like to see it?"

Rachael

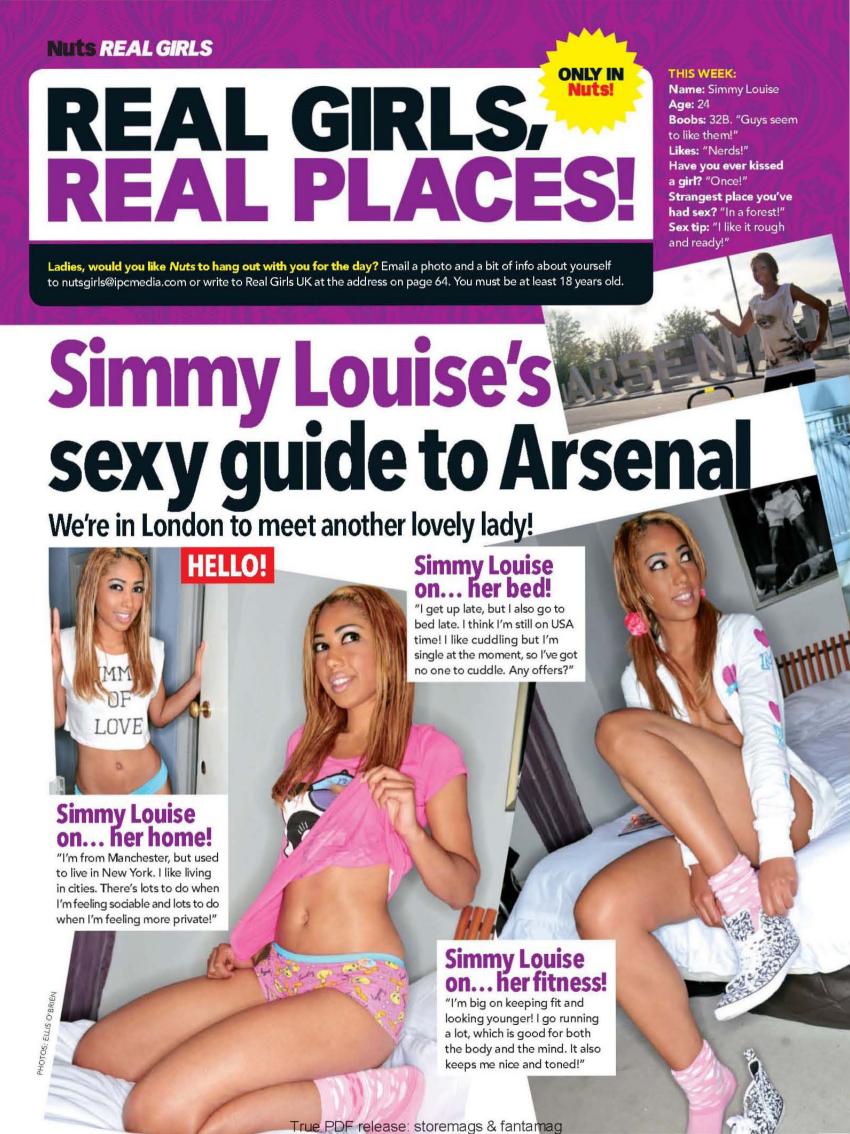
20, Crowborough, dancer"I know how men work, so I'm feminine, but can also be one of the lads when required!"

Clare

24, Halifax, sales executive "My best features are my boobs, my eyes, my long legs and my cheeky smile!"

Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of Nuts! Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!





XXXPENDABLES



HOLLYD

ANGEL LONG

CATHY BARRY

TAMMIE LEE

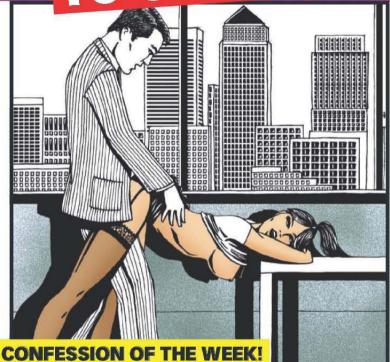
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100% STORIES TO OUR SECRETARY!



'My boss saw my hard nipples'

I work in a huge, modern glass building and my boss has an office on the top floor. I was in a meeting with him over the summer and suddenly felt cool. His eyes were fixed on my blouse and my rockhard nipples were standing to attention. I caught his gaze and looked down to my cleavage, stroking a finger inside my bra. That was the only signal he needed. He picked me up and bent me over his desk. Pulling my skirt up with one hand, he unzipped his flies with the other and unleashed his stiffy before pounding me hard and fast in full view of all the buildings around us!

Liz, East London

'I felt he was already hard

When I was 19, I was having a few drinks at my local tennis club and noticed my 32-year-old neighbour was also drinking there. After a few drinks, he realised I was heading home

and he offered to come with me and make sure I got home safely. I only lived behind the club, so we cut around the back of the tennis courts. I'd always fancied him and being alone in the dusk by the trees gave me my perfect opportunity, so I turned to him and kissed him full on the lips. He

didn't push me away, so I grabbed his jeans and could feel he was already hard. I'd unzipped him and was on my knees before he could even check that the coast was clear. I licked his shaft and took him deeply in my mouth while cupping and squeezing his balls with my hand. He groaned loudly with pleasure and it wasn't long before he squirted all over me! After he dropped me off, my mum insisted I go over and thank him in the morning. I couldn't wait for the sun to come up and for him to get his hands on me!

Rebecca, Sussex

He grabbed my vibrator'

The other Sunday afternoon, my bovfriend and I played a game in bed. We had to stay completely silent during sex, saying nothing and making no gasps or moans. It was impossible, but I highly recommend giving it a go. We started off kissing and stroking each other, our faces grinning but not uttering a sound. As his mouth found my nipples and he started biting and licking them, I felt my body flush and gave a little wriggle. As his fingers moved down and inside me, I struggled to stay quiet. He then grabbed a vibrator from out of our bedside drawer and I gave him a look of surrender. Pushing it back and forth inside me drove me crazy and when he slipped a welllubricated finger into my bottom, I couldn't take it any more and let out a huge gasp. I begged for him

to be inside me, and so he opened my legs and granted my wish! Janine, West London

'My friends got involved

My boyfriend and I went away for the weekend with another couple who we'd known from years of drinking in our local. While we were in the steam room, I hooked my legs over my man and discreetly played with his growing package. It was quite dark and steamy so I didn't mind when his fingers found their way into my bikini bottoms. I did let out a small gasp as he pinched my nipples and soon our friends had guessed what we were up to. They asked us to carry on and, although I was a bit shocked at first, it really turned me on. My man went down between my legs, which I spread as wide as possible. I could hear some moans from the other two, but not being able to see them properly made it all the more exciting. As he pushed inside me, I felt my friend's fingers squeezing and flicking my hard nipples. It was such a turn-on being watched and I came really hard within a minute!

Natalie, London

Win £50!



confessions to louise prior@ ipcmedia.com or to the address on page 64. The best one each week* wins £50! Come on, girls!



FABLE III XBOX 360



The third – and possibly final – Fable yarn is a deep and engaging adventure that has your fantasy hero hack, slash and spell-cast their way

to the throne of Albion, where they can rule the land in any way they please. A true gaming treat, you'll spend all of Christmas playing through it. Then doing it all again, only more angelic or evil than before. ***



STAR WARS: THE FORCE UNLEASHED 2 PC, PS3, XBOX 360



Harness the power of the Dark Side in this epic sequel that sees the young Sith apprentice turn against his master, Darth Vader. ***



DEADLY PREMONITION



Part Silent Hill, part Twin Peaks and part baffling mess, this survival horror tasks you with solving a ritualistic murder in a US town.





Who needs a normal torch when you can have a mangina? Lift Old Gregg's skirt

to get soundbites and different coloured beams! Brilliant! ***

PETER DICKSON'S POCKET ANNOUNCER IPHONE, IPAD



Annoy the bejesus out of your pals by creating a sentence and having it spoken back in overly

dramatic tones by that voice-over bloke from *The X Factor*! ★★★



THE INBETWEENERS CERT 18 DVD



Still in a pit of depression following the end of the final series? Can't wait until the film comes out next year? Then get this box set of all three series of one of the finest sitcoms you'll ever clap your eyes on! It may have only lasted 18 episodes, but the antics of Will, Simon, Neil and Jay have provided belly laughs aplenty. You need this in your collection!

ALIEN ANTHOLOGY CERT 18 BLU-RAY



With news that two Alien prequels are planned, what better way to celebrate than with this ace box set of the first four films? ***

BACK TO THE FUTURE TRILOGY CERT PG DVD & BLU-RAY



This remastered box set of the time-travel trilogy includes some great extras, including Eric Stoltz as the original Marty McFly!

IRON MAN 2



Corking sequel with Robert Downey Jr on great form as he battles against Mickey Rourke's Ivan Vanko, aka Whiplash. ***



VARIOUS ARTISTS
THIS IS UK GRIME



We're partial to a bit of grime, so this 42-track binge of Bashy, Ironik, Wiley, Tinchy and co will

be damaging the office stereo for weeks. Bare nang tunes! ★★★★★

SWEDISH HOUSE MAFIA



The Swedish house producers rope in the likes of Pharrell Williams and Robin S to fancy up their

daft, but nevertheless engaging hands-in-the-air nonsense. ★★★

76 Nuts

The latest action-packed releases! Ratings: **** Genius *** Very good *** Investigate ** Alright * Rubbish



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Seven days of brilliant telly for blokes!



BBC

6.00am Breakfast 9.15 Animal 24:7 (R) 10.00 Homes Under the Hammer 11.00 Cowboy Trap 11.45 To Buy or Not to Buy 12.15pm Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Land Girls (R) 3.00 BBC News, Weather. Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

BBC

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Animal Park(R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Due South (R) 1.45 Ready Steady Cook (R) 2.15 Instant Restaurant (R) 3.00 Diagnosis Murder (R) 3.45 Flog It! 4.30 Pointless 5.15 The Hairy Bikers' Cook Off 6.00 Eggheads 6.30 Strictly Come Dancing - It Takes Two

5.30am ITV News 6.00 Davbreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover 3.00 Dickinson's Real Deal 4.00 Midsomer Murders: Detective drivel. (R) 5.00 The Alan Titchmarsh Show 6.00 Regional News, Weather 6.30 ITV News

7.00 The One Show

Chris Evans (yes, that one) presents topical stories, alongside Alex Jones.

8.00 EastEnders

"Cor blimey, guv - pass the remote!".

8.30 QI

Goggle-eyed Sean Lock and frizzy-haired Alan Davies answer another load of mind-bogglingly difficult questions.

9.00 New Tricks

A former Irish dissident sheds light on a 1983 abduction.

10.00 BBC News, Weather

10.35 The Graham **Norton Show**

The talk-show host talks to more Z-listers while bouncing up and down in his chair.

11.20 The National **Lottery Draws**

Presented by OJ Borg.

11.30 Halloween: Resurrection

And really close to Halloween, too. We see what you did there, BBC1! Brad Loree stars in this.

1.00am Who Do You Think You Are? (R) 2.00 Gareth Malone's Extraordinary School for Boys (R) 3.00 Restoration Roadshow (R) 3.30-6.00am BBC News

7.00 The Big Silence

"Oi, keep the racket down!" etc.

8.00 Mastermind

A nag-running fanatic answers questions on the Grand National since 1960.

8.30 Gardeners' World

How to store bananas over the winter. Given us many a sleepless night, that one.

9.00 A Life without Work

The similarities between the jobless now and in 1910. Fewerflat caps?

10.00 The Stephen K Amos Show

MUST-SEE Stand-up performances,

sketches and celebrity guests with the comic. Tom Allen guests here.

10.30 Newsnight

11.00 The Review Show

11.50 Later with Jools Holland With Black Keys.

12.50-2.15am Urban **Ghost Story**

FILM Supernatural thriller, starring Heather Ann Foster.

700 Emmerdale

Dales-based dross

7.30 Coronation Street

The rollermaster ride continues as Leanne. plans menus for the new bar. Woah!

8.00 Cheetah Kingdom

Four-year-old cheetah Twiggy is released.

8.30 Coronation Street

Steve and Becky consider a deal with Kylie. Who are Steve and Becky? Record company executives?

9.00 Paul O'Grady Live

With Girls Aloud cutie Nadine Coyle.

10.00 ITV News, Weather

10.35 The Amityville Horror

Another horror. Yep, we can definitely see a theme developing here. A couple and their three children are tormented by sinister goings-on in their new home.

12.15am The Zone

Shopping and interactive gaming.

2.15 Blue Crush: Surfing drama starring loads of hot women. We're sold! 4.05-5.30am ITV Nightscreen



BBC1 NORTHERN IRELAND: 11.30pm Damages 12.15am Off the Beaten Track 12.30am Sign Zone: Panorama BBC1 WALES: 8.30pm Snowdonia 1890 10.35 QI 11.05 The Graham Norton Show 11.50 The National Lottery Draws 12.00m't HIM Halloween: Resurrection: Stalk 'n' slash thriller.

1.30am Sign Zone: See Hear BBC2 SCOTLAND: 7.00pm Landward 7.30 Eòrpa BBC2 NORTHERN IRELAND: 7.00pm Ulster Rugby 9.00 The Big Silence 10.00 Festival Nights BBC2 WALES: 8.00pm UVE Scrum V 10.00 SPORT Sport Wales STV: 8.00pm Postcode Challenge 10.30 SPORT STV Sports

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans (HD) 9.00 Football (HD) 10.00 Ringside 11.00 Premier League World (HD) 11.30 Football (HD) 12.30pm Ringside

- 1.30 Rugby Union (HD) 3.30 Football (HD)
- 4.30 Ringside
- 5.30 Football League Weekend (HD) 6.30 Premier League Preview (HD)
- 7.00 Sky Sports News at Seven (HD) 7.30 INE Football: A youth match
- between Scotland and Wales. (HD) 9.30 Football's Greatest
- 10.00 Take It Like a Fan
- 10.30 Premier League Preview (HD)
- 11.00 Football League Weekend (HD) 12.00m't Football (HD) 2.00am Take It Like a Fan 2.30 Rugby League 3.00 Football League Weekend (HD) 4.00 Take It Like a Fan 4.30 Football's Greatest

sky SPORTS 2

6.00am Aerobics

6.30 The Rugby Club (HD)

- 7.30 WE Rugby Union (HD)
- 9.30 The Rugby Club (HD)
- 10.30 Karting 11.00 Aerobics
- 11.30 Snooker
- 3.00pm WWE: Raw(HD)
- 5.00 NFL: Total Access (HD)
- 6.00 World Sport 6.30 IEX Magazine
- 7.00 Rugby League
- 7.30 WE Rugby Union: Bedford Blues vs London Welsh, kick-off 7.45pm. (HD)
- 10.00 NFL: London Preview
- 11.00 NFL: Total Access (HD) 12.00m't Golfing World
- 1.00am Rugby Union (HD) 3.30 World Sport 4.00 Golf 5.00 Rugby League
- 5.30 Sky Sports Classics 5.45-8.30am WE Rugby League

ON DIGITAL, SATE

FILM4 (315)

7.00pm The Three Musketeers 9.00 Sleepy Hollow: Horror starring Johnny Depp and Christina Ricci. 11.05 PREMIERE The Disappeared: Horror starring Harry Treadaway. 12.55-3.40am Rosemary's Baby: Horror starring Mia Farrow.

COMEDY CENTRAL (126)

7.00pm The King of Queens 7.30 Mike & Molly 8.00 Two and a Half Men 9.00 Dara O Briain: Live at the Theatre Royal 10.25 South Park 11.25 Comedy Central at the Comedy Store 11.55 EIM Scream 3: Horror sequel. 2.10am South Park 3.10



7.00pm Goal! 7.30 LIVE German Football: Bayern

Munich vs SC Freiburg, kick-off 7.30pm. 9.30 Serie A 11.15 French Top 14 Rugby Union 1.00am WE Basketball 3.30 Poker 4.30-5.00am Premier League Preview

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5.00-6.00am NFL: London Preview

29 OCTOBER 7 7 1 D 14 Y

6.10am Sali Mali (R) 6.15 Planet Cook (R) 6.35 Yo Gabba Gabba (R) 7.00 Freshly Squeezed 7.25 Everybody Loves Raymond (R) 8.25 Frasier (R) 8.55 According to Jim (R) 9.25 Coach Trip (R) 12.00noon Channel 4 News Summary 12.05pm A Place in the Sun: Home or Away (R) 1.10 ELW Living Free: Wildlife adventure sequel. 2.55 Wogan's Perfect Recall 3 25 Countdown 4 10 Deal or No. Deal: Trick or Treat 5.00 Come Dine with Me 5 30 Jamie's 30 Minute Meals 6.00 The Simpsons (R) 6.30 Hollyoaks

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 House (R) 12.40pm Five News 12.50 Warshin (R) 1.45 Neighbours 2.15 Home and Away 2.50 Animal Rescue Squad (R) 3.05 Rus Revenge of the Middle-Aged Woman: Comedy drama. 5.00 Five News. Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five



6.00am The Biggest Loser US (R) 7.00 Brainiac: History Abuse (R) 8.00 Oops TV (R) 9.00 Zoo Vet at Large (R) 9.30 Zoo Vet at Large (R) 10.00 Bones (R)(HD) 11.00 Kim's Rude Awakening (R)(HD) 11.30 New Parent Nightmares (R)(HD) 12.00noon The Biggest Loser US 1.00pm Project Runway (R) 2.00 Bones (R)(HD) 3.00 Stargate Atlantis (R)(HD) 4.00 Stargate Atlantis (R)(HD) 5.00 SPORT WWE Superstars 6.00 Oops TV: Outtakes. (R) 6.30 The Simpsons (R)(HD)

7.00 News

7.25 4thought.tv

7.30 Unreported World Journalist Ramita Navai investigates

claims of corruption in Zimbabwe. 8.00 Come Dine with Me

Four amateur chefs in Sheffield cook

meals for each other, then spend the rest of the show moaning about them.

9.00 The Event

MUST-SEE Vicky and Carter take a crucial hostage.

10.00 The Million **Pound Drop Live**

Rubbish game show with shouty Davina McCall, in which contestants can win a million pounds. Not likely though, is it?

11.20 Saw IV

MUST-SEE Sequel in which psychopathic killer Jigsaw is dead but his murderous work continues. The pesky fiend!

1.05am Music on 4: On Track Featuring the Drums.

1.20 Top 20 3.20 No, No, No 3.25 Studio 60 4.05 Afterworld 4.30 Home Country 4.35 My Eden 4.40 Brothers & Sisters 5.25-6.10am Countdown

7.00 Five News at 7

7.30 Fifth Gear

Jonny Smith demonstrates how cheap it can be to obtain a racing licence. Cool!

8.00 Eddie Stobart: **Trucks and Trailers**

Drivers take a delivery of racing cars to Belgium. Again, cool!

9.00 The Mentalist

Patrick Jane is confronted by charismatic cult leader Bret Stiles.

10.00 Law & Order: **Special Victims Unit**

Benson is exposed to loads of toxic agents at a chemical company, leading her to sprout three heads. Possibly.

10.55 CSI: Miami

Horatio hunts for a rapist. (R)

11.55 Cops in Crisis

Put-upon cops speak out. (R)

12.10am SuperCasino

Live interactive gaming.

4.00 Motorsport Mundial 4.25 Brian Sewell's Grand Tour (R) 5.05 The Family Recipe (R) 5.10 Nick's Quest (R) 5.35-6.00am Nick's Quest (R)

7.00 The Simpsons

Homer is cursed by a gypsy. (R)

7.30 The Middle

Frankie finds her inner child. (HD)

8.00 Oops TV

You've Been Framed clone, with JLC. (R)

9.00 House

A patient suffering from uncontrollable vomiting is admitted. Bleurgh! (R)(HD)

10.00 Thome: Sleepyhead Frowny crime drama. (R)(HD

11.00 Stargate Universe

Chloe's behaviour becomes a cause for concern. (R)(HD)

12.00m't Football's Greatest

The life and career of George Best. (R)

12.30am Road Wars

Chasing a stolen car in Reading. (R)(HD)

1.25 Road Wars (R)(HD) 2.15 Street Wars (R) 3.05 Oops TV (R) 3.30 Lost (R)(HD) 4.20 Salon Takeover (R) 5.10-6.00am Are You Smarter Than a 10 Year Old? (R)

Centre: Friday Night Football 11.00 STV News and Weather 11.10 Swingtown 12.05am Brain Box 1.00 The Rockford Files 2.00-5.30am The Nightshift ULSTER: 10.35pm The Seven Thirty Show 11.05 Swingtown 12.00m't Brain Box

LLITE AND CABLE TV TONIGHT

Grouchy Young Men 3.40 Two and a Half Men 4.05 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

DISCOVERY (520)

6.00pm Mythbusters 8.00 How Do They Do It? 8.30 How It's Made 9.00 Tyrannosaurus Sex 10.00 | Shouldn't Be Alive 11.00 Trawler Wars 12.00m't Bear Grylls: Born Survivor 1.00am Deadliest Catch 2.00 Chris Barrie's Massive Engines 3.00 Weaponology 3.50 Treasure Quest 4.40 Days That Shook the World 5.30-6.00am How Does That Work?

BBC3 (115)

7.00pm Doctor Who 8.30 The Real Hustle: Celebrity Scammers 9.00 Russell Howard's Good News 9.30 Coming of Age: The gang perform a radio play. 10.00 EastEnders 10.30 Don't Tell the Bride 11.30 Family Guy 12.15am Russell Howard's Good News 12.45 Coming of

Age 1.15 Freak Like Me 1.45 The Real Hustle: Celebrity Scammers 2.15 Don't Tell the Bride 3.15 Wait Till Your Teacher Gets Home! 4.15-4.45am Freak Like Me

E4 (136)

7.00pm Friends 8.30 Hollyoaks 9.00 Hollyoaks Later 10.00 Hollyoaks 10.35 Rude Tube: Featuring a shark surfer. 11.05 Desperate Housewives 12.05am Hollyoaks Later 1.10 Scrubs 2.00 Rude Tubé 2.25 What About Brian 3.05 Glee 3.50 Switched 4.15 Accidentally on Purpose 4.35-6.00am Switched

DAVE (111)

11.00am Robot Wars Extreme 8.00pm The Best of Top Gear 9.00 Have I Got Old News for You 9.40 QIXL 10.40 Mock the Week 11.20 Dave's One Night Stand: Stand-up. 12.20am Have I Got Old News for You 1.00 QI XL 2.00 Never Mind the Buzzcocks 2.30-3.00am Pulling

MTV (350)

7.00pm Teen Mom 8.00 Celebrity Bites 8.30 NERD meets Melvin 9.00 Gonzo: With Alexa Chung. 10.00 Valemont: The Movie 12.00m't World Stage 1.00am Behind the Music 2.00 South Park 3.00 All the Hits 4.00-6.00am Life of Ryan

SYFY (129)

7.00pm ATown Called Eureka 8.00 Warehouse 13 9.00 Haven 10.00 Horsemen of the Apocalypse: Thriller starring Dennis Quaid and and Ziyi Zhang. 11.50 Boogeyman 3: Horror sequel starring Erin Cahill. 1.40am Medium 3.00 Mysterious Ways 4.00 Quantum Leap 5.00-6.00am Mysterious Ways

7.00pm NCIS 10.00 Dexter 12.00m't Burn Notice: Michael learns his file is being reviewed. 1.00am Babylon 5 2.00 ReGenesis 3.00-4.00am Water Rats

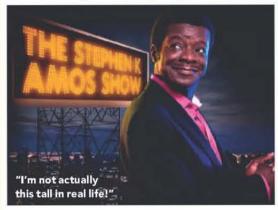
TODAY'S MUST-SEES



The Event Channel 4, 9pm

DRAMA The excellent new US political thriller continues as the President unveils

a strategy to force Sophia to reveal the detainees' plan. Baffling in a Lost kind of way, breakneck-fast in a 24 kind of way, and as compelling as both. ***



The Stephen K Amos Show BBC2, 10pm

Props to the BBC for giving another good stand-up his own show. Now.

if only they'd stop making Strictly! ***



Channel 4, 11.20pm

The Saw movie juggernaut continues, this time without Jigsaw, who's gone to the big mentalist hospital in the sky. But neverfear - even after his death, his murderous work continues via an apprentice. Perfect Halloween viewing! ****

6.00am Breakfast 10.00 Saturday Kitchen Live 11.30 Nigella Kitchen (R) 12.00noon BBC News, Regional News, Weather 12.15pm SPORT Football Focus: Preview of the weekend's action. 1.00 MUSTISEE Darts: World Masters: Arrow chucking from the Hull City Hall, 4.30 Final Score 5.30 BBC News, Regional News, Weather 5.55 Walk on the Wild Side 6.25 Strictly Come Dancing

6.00am CBeebies 7.00 CBBC 12.00noon BBC Switch: The Cut 12.25pm NEW Teensville: Italia Conti - Living the Dream 12.50 Popatron 1.20 The 5:19 Show 1.35 The Season (R) 2.05 HIM Whale Rider: New Zealand coming-of-age drama. 3.40 The Great British Bake Off (R) 4.40 The Great British Bake Off (R) 5.40 Paul Merton's Weird and Wonderful World of Early Cinema (R) 6.40 Dad's Army (R)

5.30am ITV News 6.00 CITV 10.00 The Planet's Funniest Animals (R) 10.30 The Crocodile Hunter Diaries (R) 11.30 This Morning: Saturday 12.30pm News, Weather 12.40 Best Ever Worst Auditions 3 (R) 1.40 FIM Babe: Pig in the City: Comedy drama sequel starring Magda Szubanski, 3.20 IIII Thunderball: James Bond adventure starring Sean Connery, 5.45 Regional News, Weather 6.00 ITV News 6.15 All Star Family Fortunes: With Gino D'Acampo and Michelle Keegan.

6.10am Sali Mali (R) 6.15 Planet Cook (R) 6.35 Yo Gabba Gabba (R) 7.00 SPORT World Sport 7.25 SPORT The Track and Field Show (R) 7.55 SPORT The Morning Line 8.55 T4: One Tree Hill (R) 9.50 Ugly Betty (R) 10.50 The Hollyoaks Music Show Playlist 11.20 Jay-Z: Real Stories 12.20pm Friends (R) 12.50 Scrubs (R) 1.25 FORT That Paralympic Show 1.55 LWE Channel 4 Racing 3.55 Come Dine with Me: Five back-to-back editions. (R) 6.30 News 6.55 4thought.tv

6.00am Milkshakel 10.00 SPORT Your Sport 10.05 How Do They Do It? (R) 10.35 The Gadget Show (R) 11.35 Rory and Paddy's Even Greater British Adventure (R) 12.35pm Eddie Stobart: Trucks and Trailers (R) 1.35 Merlin: Feature-length magical drama starring Sam Neill. (R) 5.10 FIM Raid on Entebbe: Fact-based drama starring Peter Finch and Martin Balsa.

7.55 Five News

8.00 The Mentalist

Pull your finger out, man! (R)

many Stellas, barman? (R)

Scene Investigation

The body of a three-year-old girl is discovered in a cardboard box. (R)

9.45 CSI: Crime

10.45 CSI: Crime

Scene Investigation

after a dead body is found. (R)

8.45 NCIS

Patrick Jane is confronted by the leader of

a cult who offers him info on the identity

of Red John. How is it everyone seems to

know more about Red John than Jane?

A bartender wakes up next to the dead

brought home the night before. One too

body of a woman, but not the one he

7.55 Merlin

Arthur embarks on a quest to retrieve the Golden Trident from the Fisher King. Sounds like a bit of a hassle to us.

8.40 The National Lottery Saturday Night Draws 8.55 Casualty

Drugs cause Kirsty to collapse. Well, that's one way out of this drivel.

9.45 The Armstrong & Miller Show

MUST-SEE Posh duo Alexander Armstrong and Ben Miller are back for a new series of sketchshow fun. It's not as good as Harry & Paul, but it'll still tickle your ribs.

10.15 BBC News, Weather 10.30 Match of the Day

SPORT The day's Premier League action, including including Man United vs Spurs at Old Trafford.

11.50 The Football League Show

SPORT Lower-league ball-bashing action. Excellent!

710 Timewatch -The Pharaoh's Lost City

Archaeologists bang on about Egypt. (R)

8.00 Renaissance Revolution

More history. This time it's all about Renaissance painting. Bored? Us too.

9.00 Have I Got a Bit More News for You

Guest host John Bishop (ace!) joins team captains Paul Merton and Ian Hislop.

9.45 A Night with Elton John

Or not. Give this a wide berth.

12.45am The Stephen K **Amos Show**

A repeat of the new show from the other night. He's a funny bloke! (R)

7.00 New You've Been Framed! A double dose of Harry Hill tonight. In this one, it's just his voice.

7.30 Harry Hill's TV Burp

And in this one, the baldy comic's finding brilliant observations in TV shows and making us laugh, as always.

8.00 The X Factor

The final ten battle it out. We're not big on the adverts every seven minutes though.

9.45 Piers Morgan's Life Stories: Rod Stewart

Care about Rod Stewart? Us neither. 10.40 ITV News, Weather

11.00 Rod Stewart: **One Night Only**

Our stance hasn't changed in the last hour, so we'll give this a miss. (R)

12.15am Dating the Enemy A millionaire dates a busker. (R)

12.45 The Zone

7.00 Grand Designs

Aformer blacksmith who has devised his own way of building a house. Presumably using nothing but metal. (R)

8.00 Apocalypse: The Second World War

NEW Exploring the story of the Second World War.

9.00 The Pillars of the Earth

William and Richard compete for the title of the Earl of Shiring.

10.00 The Brave One

FILM Crime drama starring Jodie Foster as a woman who turns vigilante after her bloke is murdered.

12.20am Let Me In: **Movie Special**

Chloe Moretz and Kodi Smit-McPhee talk to Edith Bowman about their ace new film.

12.50 Welcome to Sajjanpur

FILM Indian comedy drama. Time to call it a night.

11.45 Forensic Files

How the latest scientific and forensic techniques can help solve puzzling crimes. Er, CSI anyone?

Ray and Nick are led into the fetish world

12.15am SuperCasino

3.05 (GMT) Animal Rescue 3.15 Great South Run 2010 4.05 Fifth Gear 4.30 Street Market Chefs 4.55 Your Sport 5.00 Hana's Helpline 5.10-6.00 Milkshake!

1.15-6.00am BBC News

1.15 Never Mind the Buzzcocks (R) 1.45 Genius with Dave Gorman (R)

1.15-2.40am EIM Halloween 4: The Return of Michael Myers: Horror sequel.

1.50 (GMT) Sons and Daughters: Cameron's annual barbecue party turns into a disaster. 2.10 Elvis: The Early Years 3.40-5.30am ITV Nightscreen

2.20 (GMT) Studio 60 on the Sunset Strip (R) 3.05 Brothers & Sisters (R) 3.45 The OC (R) 4.30 The OC: Kaitlin takes revenge on Julie. (R) 5.15-6.00am Countdown (R)

BBC2 WALES: 6.40pm Gardeners' World STV: 12.15am Brain Box 1.00 HIM Outbreak: Thriller. 2.20-5.30am (GMT) The Nightshift ULSTER: 11.00pm An Audience with Donny and Marie 12.00m't Brain Box 1.30am UTV Rewind

TODAY'S SPORT

sky SPORTS 1

6.00am Football League Weekend (HD) 7.00 Take It Like a Fan 7.30 LIVE Rugby Union: An ITM Cup semi-

final, kick-off 7.35am. (HD) 9.30 WE Rugby Union: New Zealand vs Australia, kick-off 9.30am. (HD)

11.30 Rugby League

1.00pm Golf: The third day of the Andalucia Masters at the Club de Golf Valderrama in Spain. (HD)

5.00 WE Rugby Union: Gloucestervs Leicester Tigers, kick-off 5.30pm. (HD)

7.30 Rugby League

9.00 W Boxing (HD) 11.00 Rugby Union (HD) 12.00m't Football's Greatest 12.30am Rugby League 1.00 (GMT) Boxing (HD) 3.00 Football's Greatest 3.30 Rugby Union (HD) 4.30 Champions League Weekly (HD) 5.00-6.00am WWE Special

sky SPORTS 2

8.30am Ringside 9.30 Take It Like a Fan

10.00 Soccer AM 12.00noon Take It Like a Fan

12.30pm Sky Sports Classics 12.45 NFL: London Preview

1.45 NFL: America's Game 2.45 NFL: Total Access (HD)

3.45 NFL: London Preview: A look ahead to San Francisco 49ers vs Denver Broncos, taking place at Wembley tomorrow.

4.45 Football's Greatest: Nutty former Argentina star Diego Maradona.

5.15 WE Football: Bamsley vs Hull City at Oakwell, kick-off 5.20pm. (HD)

7.30 You're on Sky Sports! 8.25 Football First (HD)

1.45am (GMT) Football First (HD) 3.15 Spanish Football (HD)

4.45 Sky Sports Classics 5.00-6.00am Max Power

FILM4 (315)

4.50pm Edge of Darkness: Second World War adventure starring Errol Flynn. 7.10 Big Business: Comedy drama starring Bette Midler and Lily Tomlin. 9.00 Goverfield: Monster thriller starring Michael Stahl-David. 10.35 Alien: Sci-fi horror starring Sigourney Weaver. 12.50-2.15am (GMT) Night Watch: Russian fantasy starring Konstantin Khabensky.

COMEDY CENTRAL (126)

7.00pm The Office: An American Workplace 8.00 Two and a Half Men 9.00 Lee Evans XL Tour 2005 10.20 EUM



4.45pm MUSISEE Football 7.45 LIVE Italian Football 9.45

French Top 14 Rugby Union 11.30 NBA Basketball 12.00m't WE NHL Ice Hockey 2.00am Live (GMT) Live NHL Ice Hockey 4.30-5.30am Motorcycling

Scream 3: Horror sequel with Neve Campbell and David Arquette. 12.35am South Park 1.05 (GMT) South Park 1.35 South Park 2.35 Two and a Half Men 3.05 Shortcuts Shuffle 3.20 Everybody Loves Raymond 4.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

DISCOVERY (520)

7.00pm Bear Grylls: Born Survivor 8.00 How It's Made 9.00 Frontline Battle Machines with Mike Brewer 10.00 River Monsters 11.00 How the Universe Works 12.00m't | Shouldn't Be Alive 1.00am Bear Grylls: Born Survivor 2.00 (GMT) Attack and Capture: The Story of U-Boat 505 3.00 Bear Grylls: Born Survivor 5.30-6.00am How Does That Work?

BBC3 (115)

7.00pm Special 1 TV 7.05 Top Gear 7.55 Eight Below: Disney canine adventure. 9.45 Russell Howard's Good News Extra 10.30 Family Guy 11.15

American Dad! 12.00m't Lip Service 1.00am Russell Howard's Good News Extra 1.45 Him and Her 1.15 (GMT) Him and Her 1.45-4.15am Him and Her

E4 (136)

6.30pm The Big Bang Theory: Four episodes. 8.25 Friends: Triple-bill. 10.00 Big Trouble in Little China 12.00m't David Blaine: What Is Magic? 1.00am Reno 911! 1.30 Make It or Break It 1.15 (GMT) Supernanny USA 1.55 Supernanny USA 3.20-6.00am Hollyoaks

DAVE (111)

7.00pm The Gadget Show 8.00 Trawlermen 9.00 QI 1.15am (GMT) Never Mind the Buzzcocks 1.45 Lead Balloon 2.15 Pulling 2.45-3.00am Radical Highs

MTV (350)

5.00pm My Super Sweet 16 10.00 PREMIERE My Super Psycho Sweet 16:

30 OCTOBER SATURDAY

6.00am Brainiac's Test Tube Baby (R) 7.00 The Zoo UK (R) 8.00 Malcolm in the Middle (R) 8.30 Malcolm in the Middle (R) 9.00 Best of Oops TV (R)(HD) 10.00 SPORT Soccer AM 12.00noon Best of Oops TV (R) 1.00pm Malcolm in the Middle (R) 1.30 Malcolm in the Middle (R) 2.00 Project Runway (R) 3.00 My Pet Shame (R)(HD) 4.00 The Middle (R)(HD) 4.30 The Middle (R)(HD) 5.00 The Middle (R)(HD) 5.30 The Middle (R)(HD) 6.00 The Middle (R)(HD) 6.30 The Simpsons (R)

7.00 The Simpsons

Homer battles killer mutants. (R)

7.30 The Simpsons

Homer and Marge parody the film *Mr and Mrs Smith*. Let's be honest though, Marge is hardly Angelina Jolie! (R)

8.00 Teenage Gamblers

Documentary exploring the increase in teenage gambling. We bet you a fiver this show is a load of rubbish. (R)

9.00 Training Day
MUST-SEE Excellent cop thriller starring Denzel Washington and Ethan Hawke about narcotics cops. Proper ace man film. (HD)

11.20 Fringe

Thomas Jerome Newton is forced to wake a shapeshifter. (R)(HD)

12.20am Classic Albums

Docu exploring Pink Floyd's 1973 album The Dark Side of the Moon. (R)

1.25 Night Cops 1.15 (GMT) Ross Kemp: Amazon 2.05 Road Wars 2.55 Family Court 3.20 Don't Forget the Lyrics 4.10 Are You Smarter 5.00-6.00am Oops TV

Horror starring Alex Van. 12.00m't Scream Queens 1.00am Valemont: The Movie 2.00-6.00am (GMT) All the Hits

SYFY (129)

7.00pm Fact or Faked: Paranormal Files 10.00 FIM An American Werewolf in London: Horror comedy with David Naughton. 12.00m't WW Ny Name Is Bruce: Horror comedy starring Bruce Campbell. 1.40am Haunted Homes 3.50-6.00am (GMT) Thunderbirds

FX (164)

6.00pm The Listener 8.00 American Dad! 9.00 King of the Hill 10.00 Robot Chicken 10.15 Family Guy 11.15 Metalocalypse 11.30 Family Guy 12.30am The Venture Brothers 1.00 American Dad! 1.00 (GMT) Family Guy 1.30 Family Guy 2.00 Robot Chicken 2.15 Metalocalypse 2.30-3.00am The Venture Brothers



Man United vs Spurs

ESPN, 4,45pm

SPORT A mouthwatering clash between a Man United side clearly rocked by Wayne Rooney's revelation, and a Spurs team desperate to upset the old order. United won all three meetings last season and the North London outfit haven't won here since 1989! However, Spurs arguably boast the Prem's form player in Rafael van der Vaart, and with Harry Redknapp at the helm, could pull off a surprise at Old Trafford! ****



Live Darts: World Masters

BBC1, 1pm

We're off to Hull for the World Masters. SPORT We re on to Hamber Size Sport "Wolfie" Adams, who must surely be thinking about crossing over to the (better) PDC by now! ★★★★



The Armstrong & Miller Show BBC1, 9.45pm

The posh comedy double act return for more sketch show tomfoolery,

with some old favourites and a few new faces. ***



Training Day Sky1/HD, 9pm

Ethan Hawke is the rookie cop sent out to train with his mentor and experienced pro Denzel Washington. But it turns out Denzel's more crooked than the Leaning Tower of Pisa, and so begins Ethan's training day from hell! ****



www.nuts.co.uk/bets

See site for free bet details gambleaware.co.uk

5.00am (GMT) Breakfast 7.40 Match of the Day (R) 9.00 The Andrew Marr Show 10.00 Sunday Morning Live 11.00 Country Tracks 12.00 noon Regional Programme 1.00pm Cash in the Attic(R) 1.45 Bargain Hunt(R) 2.30 Diagnosis Murder (R) 3.15 EastEnders 5.10 Points of View 5.25 Songs of Praise 6.05 BBC News, Regional News, Weather 6.30 Countryfile's Autumn Special

6.00am (GMT) CBeebies 7.00 CBBC 10.00 Something for the Weekend 11.30 Escape to the Country (R) 12.30pm [WE] MotoGP: The Portuguese Grand Prix from er, Portugal. 2.00 W Darts: World Masters: The semi-finals and final from Hull. 5.05 SPORT Four Nations Rugby League 6.00 Teaching Awards 2010

5.30am (GMT) ITV News 6.00 CITV 9.45 The X Factor (R) 11.30 This Morning: Sunday 12.30pm News, Weather 12.35 Coronation Street 2.55 Midsomer Murders (R) 5.00 Downton Abbey (R) 6.05 Regional News, Weather 6.15 ITV News 6.30 Harry Hill's TV Burp (R)

6.00am (GMT) The Treadle People (R) 6.10 Planet Cook (R) 6.30 Yo Gabba Gabba (R) 6.55 SPORT Motorsport 7.20 SPORT Freesports on 4 7.50 T4: Friends (R) 8.45 Hollyoaks 11.15 New Live and Lost 11.20 N-Dubz: Video Exclusive 11.25 The Inbetweeners Revealed: Rick Edwards interviews the stars of the ace sitcom. Woo-hoo! 11.55 JLS Only Tonight: Live from London 1.00pm The Simpsons (R) 2.00 Jamie's 30 Minute Meals (R) 4.40 Deal or No Deal: Trick or Treat 5.30 Time Team 6.30 News 6.55 4thought.tv

6.00am (GMT) Milkshake! 10.00 Shake! 11.10 SPORT Your Sport 11.25 Street Market Chefs (R) 11.55 Wild Animal ER (R) 12.30pm Cowbov Builders (R) 1.30 EIM The Ghost of Greville Lodge: Family ghost story, 3.15 PREMIERE The Canterville Ghost: Supernatural comedy starring Patrick Stewart. 5.10 Five News 5.15 FIM The Witches: Fantasy adventure starring Anielica Huston and Mai Zetteding

7.30 Strictly Come Dancing It's a Halloween special. No need! It's enough of a horror as it is.

8.00 Antiques Roadshow Wrinkly old people try to convince people bits of old rubbish are worth fortunes.

9.00 Single Father

The inquest into Rita's death forces Dave to make some tough choices.

10.00 BBC News, Regional News, Weather 10.25 Match of the Day 2

SPORT Highlights of today's top-flight leather-belting, including Newcastle vs Sunderland.

11.35 American Football

SPORT Helmet-donning fun with San Francisco 49ers vs Denver Broncos at Wembley!

12.35am The Apprentice

The candidates team up with inventors to sell innovative products. (R)

1.35 Spooks(R) 2.40 Sign Zone: Holby City: Medical rubbish. (R) 3.40 Secret

7.00 Top Gear

Mark Wahlberg is the Star in a Reasonably Priced Car, while Captain Slow meets Mika Hakkinen, who's decidedly quick. (R)

8.00 Return of the Rhino: A Last Chance to See Special Show about a horny animal. Oo-er.

9.00 James May's Man Lab

NEW The host tries to redeem the reputation of modern men by teaching the likes of us practical skills he thinks we've forgotten. Ace. Now, where's that hammer?

10.00 Psychoville **Halloween Special**

MUST-SEE Comedystarring Reece Shearsmith.

11.00 **Genius**

With shouty singer Noddy Holder.

11.30 Black Sheep

MUST-SEE Gory horror comedy about a flock of killer man-eating sheep which run amok on a remote farm. What's not to love?

12.55am A History of **Horror with Mark Gatiss**

1.55 HM Halloween 5: The Revenge of Michael Myers: Horror thriller sequel. 3.25-4.40am BBC News

700 The Cube

A confident contestant takes on a series of challenges, with grey-haired presenter Phillip Schofield looking on.

8.00 The X Factor

It's the results of another vote.

9.00 Downton Abbey

Aargh - it's a period drama! Watch Sky1!

10.05 ITV News, Weather 10.15 Paul McCartney and Wings: Band on the Run

The former Beatle has a natter to Dermot O'Leary about the reissue of the album.

11.15 Whitechapel

Chandler and the team begin to play the twins at their own game. (Ř)

12.15am Piers Morgan's Life Stories: Rod Stewart

3.20-5.30am ITV Nightscreen

The gravelly-voiced singer talks about his relationships. Could take a while. (R)

1.05 SPORT Premiership Rugby Union
1.50 The Zone 2.30 SPORT Motorsport UK

3.45 Rat Race Stockton (R) 4.15 Emily's Song: Short film. (R) 4.30 ER (R)

5.15-6.00am Countdown (R)

7.00 The Genius of British Art Brushstroke-based bobbins

8.00 Undercover Boss USA A bigwig goes undercover at an

amusement park for a mooch around. 9.00 The Secret Millionaire

An internet millionaire helps worthy causes in Plymouth.

10.00 Desperate Housewives Tom is prescribed marijuana, maaan.

10.55 Seven Days

Documentary following people living or working in Notting Hill. (R)

12.00m't American Football

LIVE New Orleans Saints vs Pittsburgh Steelers at the extremely American-sounding Louisiana Superdome, kick-off 12.20am.

7.10 Little Man

PREMIERE A dwarf jewel thief masquerades as a baby to steal a priceless diamond that has somehow ended up in the home of a childless couple. If you think that sounds like the plotline for a really rubbish comedy starring Marlon and Shawn Wayans, you'd be absolutely right.

9.00 Dumb and Dumber

FILM Adimwitted duo embark on a chaotic cross-country trip to return a briefcase to its owner - unaware of the fortune within. Jim Carrey stars.

11.15 Evil Woman

FILM Adimwitted duo (yes, another one) become convinced

their pal is marrying the wrong woman. Jason Biggs and Jack Black star.

1.00am STORI SuperCasino 4.05 STORI

(R) 5.10 Milkshake! (R) 5.35 Thomas & Friends (R) 5.45-6.00am Roary (R)

Golf 4.55 SPORT Your Sport (R) 5.00 Hana

Britain (R) 4.40-6.00am BBC News

BBC1 SCOTLAND: 8.00pm Making Scotland's Landscapes BBC1 NORTHERN IRELAND: 10.25pm The Politics Show 10.45 Match of the Day 2 11.55 Sport American Football 12.55am The Apprentice 1.55 Sporting Traditions 2.10-2.40am

Sign Zone: Bang Goes the Theory BBC2 SCOTLAND: 7.00pm Teaching Awards 2010 11.00pm Conference 2010: Scottish Labour Party BBC2 WALES: 11.00pm The Happiness Salesman 11.15

Genius with Dave Gorman 11.45 ELM Black Sheep:

Gory horror comedy starring Nathan Meister. 1.15am Four Nations Rugby League 2.10 A History of Horror with Mark Gatiss 3.10-4.40am BBC News STV: 9.00pm Taggart 10.15 SPORT STV Sports

Centre: Rugby 11.00 Drama Trails 12.00m't Brain

Box 1.00am Blue Crush: Romantic surfing drama starring Kate Bosworth and Matthew Davis. 2.45-5.30am The Nightshift ULSTER: 7.00pm Lesser Spotted Ulster 10.15 Whitechapel 11.15 Comedy Classics: Brass 11.45 UTV Rewind

TODAY'S SPORT

6.00am (GMT) Aerobics 6.30 Football's Greatest 7.00 WE Rugby League: Australia vs England in Melbourne, kick-off 7.30am.

9.30 The Sunday Supplement 11.00 Goals on Sunday (HD) 1.00pm MUSTSSE Football Newcastle vs

Sunderland, kick-off 1.30pm. (HD) 3.30 MUST-SEE Football: Bolton vs Liverpool, kick-off 4pm. (HD)

6.30 WE Spanish Football: A match from the consistently exciting La Liga. (HD) 8.00 WE Spanish Football: Another top match from La Liga. (HD)

10.00 Football: Newcastle vs Sunderland and Bolton vs Liverpool.

11.30 Football (HD)

12.00m't Spanish Football (HD)

3.30 Football (HD)

4.00-6.00am Spanish Football (HD)

sky SPORTS 1 sky SPORTS 2

6.00am (GMT) Rugby Union (HD) 7.00 Football First (HD)

8.30 Rugby Union: Action from Gloucester vs Leicester at Kingsholm. (HD)

9.30 WE Cricket: The Twenty20 match between Australia and Sri Lanka.

1.00pm IEX Magazine

1.30 NFL: London Preview: A look ahead to San Francisco 49ers vs Denver Broncos.

2.30 Canter Banter 3.00 Rugby League: Action from Australia

vs England in Melbourne. 4.30 W American Football: San Francisco 49ers vs Denver Broncos from

our very own Wembley, kick-off 5pm. 8.30 Live American Football: Coverage switches across to America for the second of this evening's featured matches.

12.00m't Cricket: Ball-smacking between Australia and Sri Lanka. 2.00-3.30am Rugby League

FILM4 (315)

Romantic drama starring Drew Barrymore and Dougray Scott. 9.00 The Others: Supernatural chiller starring Nicole Kidman. 11.00 White Noise: Supernatural thriller starring Michael Keaton. 12.50am The Innocents: Horror starring Deborah Kerr. 2.50-3.00am The Social Network Special: David Fincher's new movie.

6.40pm Ever After: A Ginderella Story:

COMEDY CENTRAL (126)

7.00pm Two and a Half Men 7.30 Mike & Molly 8.00 Two and a Half Men 10.00 South Park 10.30 Live at the Apollo



6.30pm Serie A 7.45 Will Italian Football: Catania

vs Fiorentina. 9.45 Bundesliga 11.30 DTM Motor Racing 1.30am NHRA Drag Racing 2.00 Press Pass 2010 2.30 UFC Unleashed 4.30-5.30am Poker

11.30 South Park 12.30am Live at the Apollo 1.30 The Office: An American Workplace 2.30 Two and a Half Men 3.30 Comedy Central at the Comedy Store 4.00 Shortcuts Shuffle 4.20 Everybody Loves Raymond 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

DISCOVERY (520)

7.00pm How Do They Do It? 8.00 How It's Made 9.00 Trawler Wars 10.00 Bear Grylls: Born Survivor: Nutty adventures. 11.00 Britain's Greatest Ships 12.00m't Tyrannosaurus Sex 1.00am Mythbusters 5.30-6.00am How Does That Work?

7.00pm (GMT) Are You Fitter Than a Pensioner?: It's a close call. 8.00 The World's Strictest Parents 9.00 Gavin & Stacey: The day of the wedding looms. 10.00 Family Guy 10.45 American Dad! 11.30 Gavin & Stacey 12.30am Being Human 2.25 The World's Strictest

Parents 3.25 Are You Fitter Than a Pensioner? 4.25-4.55am Freak Like Me

E4 (136)

7.00pm Life Unexpected 8.00 Friends 9.00 The 100 Greatest Scary Moments: A rundown of clips and storylines from TV, film and factual programmes that scared the the beiesus out of people, 1.05am Supernanny USA 3.30-6.00am Hollyoaks

DAVE (111)

7.00 pm Stephen Fry in America 8.20 I'm Alan Partridge 9.00 Jack Dee Live at the Apollo 10.00 Dave's One Night Stand: With Sarah Millican, Jarred Christmas and Alun Cochrane, 11.00 Mock the Week 11.40 Jack Dee Live at the Apollo 12.40am I'm Alan Partridge: Alan prepares for a James Bond film marathon. 1.20 Mock the Week: With David Mitchell and John Oliver. 1.55 Never Mind the Buzzcocks 2.25-3.00am Lead Balloon

31 OCTOBER SUNDAY



6.00am (GMT) Hour of Power (HD) 7.00 The Zoo UK(R) 7.30 The Zoo UK(R) 8.00 It's Me or the Dog USA(R)(HD) 9.00 Zoo Vet (R) 9.30 Zoo Vet (R) 10.00 SPORT WWE Superstars (R) 11.00 SPORT WWE: Experience (R) 12.00noon Futurama (R) 12.30pm Futurama (R) 1.00 The Real A&E: A cyclist collides with a car. (R)(HD) 1.30 Super Nurses (R)(HD) 2.00 Fat Families (R)(HD) 3.00 Fat Families (R)(HD) 4.00 Fat Families (R)(HD) 5.00 Futurama (R) 5.30 The Simpsons (R)(HD) 6.00 The Middle (HD) 6.30 The Middle (HD)

7.00 The Simpsons

Springfield is the setting for parodies of Charlie Brown, Mad Men and Transformers. Cool! (R)

7.30 The Simpsons

Classic movie monsters gatecrash a Halloween party. (R)

8.00 The Simpsons Marge is arrested for shoplifting. (R)

8.30 Modern Family Claire and Phil tire of the family's

electronic gadgets. (R)(HD) 9.00 Thorne: Scaredy Cat MUST-SEE The first of a new three-parter. (HD)

10.00 House

An mum faces a tough decision. (HD)

11.00 An Idiot Abroad

Karl Pilkington heads for Christ the Redeemer in Rio de Janeiro, then visits a nudist beach. He's got to at least like that bit, surely?(R)(HD)

12.00m't Dr Jekvil and Mr Hyde

FILM Horror chiller starring Dougray Scott and Krista Bridges. (HD)

1.40am Law & Order (R)(HD) 2.40 Road Wars (R) 3.30 Family Court (R) 4.20 Don't Forget the Lyrics (R)(HD) 5.10-6.00am Are You Smarter Than a 10 Year Old? (R)

12.00m't Brain Box 2.30am SPORT Premiership Rugby Union 3.15 HIM The Sixth Sense: Thriller starring Bruce Willis. 5.05-5.30am ITV Nightscreen

MTV (350)

2.30pm Randy Jackson's America's Best Dance Crew 8.00 16 and Pregnant 9.00 Jersey Shore 10.00 The Hard Times of RJ Berger 11.00 Scream Queens 12.00m't FILM My Super Psycho Sweet 16: Horror starring Alex Van. 2.00am South Park 3.00-6.00am All the Hits

SYFY (129)

7.00pm Warehouse 13 8.00 Haven 9.00 TIM Triangle: Horror starring Melissa George. 11.00 IIII Pandorum: Horror starring Ben Foster. 1.10am The Grudge 3: Horror sequel starring Matthew Knight 3.00 Painkiller Jane 4.00-6.00am Thunderbirds

7.00pm Burn Notice 8.00 NCIS 10.00 Dexter 12.00m't Life 1.00am Burn Notice: Michael's file is reviewed. 2.00 Family Guy 3.00-4.00am Cops

TODAY'S MUST-SEE



Newcastle vs Sunderland & Bolton vs Liverpool Sky Sports 1/HD, 1pm

SPORT A top afternoon of footy kicks off with the first Tyne-Wear derby in two seasons as faltering Newcastle take on, well, faltering Sunderland at St James' Park. Sure to be a blood-and-guts affair made for a Joey Barton or Lee Cattermole-type player. Good job they're both likely to play then! After that, Bolton aim to heap more woe on Liverpool's grim season. ***



Thorne: Scaredy Cat

Sky1/HD, 9pm

DRAMA Like the Beeb's Luther earlier in the year, this equally dark Sky1 crime drama's proving its class. A new three-parter begins with DI Thorne hunting two copycat killers. ****



Black Sheep BBC2, 11.30pm

Quite simply the greatest film about genetically modified man-eating sheep ever made. Yes, this New Zealand horror flick has its tongue wedged firmly in its cheek, but it doesn't stint on the splatter as the evil sheep run amok. ★★★★



Psychoville Halloween Special BBC2, 10pm

Four terrifying tales unfold in this one-off of the dark comedy drama from the The League Of Gentlemen team. ***

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5.00am Breakfast 9.15 Animal 24:7 10.00 Homes Under the Hammer (R) 11.00 Cowboy Trap 11.45 To Buy or Not to Buy **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 New Moving On: Drama, 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Animal Park(R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Due South (R) 1.45 Film 2010 with Claudia Winkleman (R) 2.15 Ben Fogle's Escape in Time (R) 3.00 Diagnosis Murder (R) 3.45 Flog It! 4.30 Pointless 5.15 The Hairy Bikers' Cook Off 6.00 Eggheads: Quiz show. 6.30 Strictly Come Dancing - It Takes Two

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show (R) 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover (R) 3.00 Dickinson's Real Deal: From Wigan, (R) 4.00 Midsomer Murders (R) 5.00 The Alan Titchmarsh Show 6.00 Regional News, Weather 6.30 ITV News

6.00am Sali Mali (R) 6.05 The Treade People (R) 6.15 Planet Cook (R) 6.35 Yo Gabba Gabba (R) 7.00 Freshly Squeezed 7.30 Everybody Loves Raymond (R) 8.25 Frasier (R) 8.55 According to Jim (R) 9.20 Coach Trip (R) 12.00noon Channel 4 News Summary 12.05pm A Place in the Sun: Home or USA? (R) 1.05 III AMan Alone: Western starring Ray Milland. 2.55 Wogan's Perfect Recall 3.25 Countdown 4.10 Deal or No Deal 5.00 Come Dine with Me 5.30 Jamie's 30 Minute Meals 6.00 The Simpsons (R) 6.30 Hollyoaks

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 House (R) 12.40pm Five News 12.45 Warship (R) 1.45 Neighbours 2.15 Home and Away 2.50 Meals in Moments (R) 3.05 HIM Agent of Influence: Thriller starring Christopher Plummer, 5.00 Five News. Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

700 The One Show 7.30 Inside Out

8.00 EastEnders

Ryan and Janine try to avoid disaster. You can do the same by switching over.

8.30 Panorama

Gripes with the taxman.

9.00 Spooks

Ruth is drawn into a dangerous situation involving the death of a Mafia leader. Doesn't sound like Spooks to us.

10.00 BBC News, Weather

10.35 Ask Rhod Gilbert Rhod answers the public's burning questions, with help from Jack Whitehall.

11.15 The Graham **Norton Show**

Reasons not to watch - 1) it's a repeat, 2) it's Norton, Next! (R)

12.00m't Damages

Ellen refuses Patty's invitation. (R)

12.40am Damages

Frobisher vows to get his hands on Malina's video-taped confession. (R)

1.30 Sign Zone: The Apprentice (R) 2.30 The Great British Bake Off (R) 3.30

Restoration Roadshow: From Lancashire.

in the USA. No, we're not sure either.

This World

7.00 Tea Party America:

All about a right-wing grass-roots revolt

8.00 University Challenge It's another geek face-off.

8.30 MasterChef: The Professionals

The finalists cook desserts. Mmmm, cake.

10.00 The Trip

MUST-SEE Steve Coogan and Rob Brydon star in

this improvised comedy about two actors on a culinary tour of the north of England. Give it a go, answers on a postcard etc.

10.30 Newsnight 11.20 A History of Horror with Mark Gatiss

A look at old Hammer horror films.

12.20am Paul Merton **Looks at Alfred Hitchcock**

Merton analyses Hitchcock's films. (R)

1.20 BBC News: The day's big headlines. 4.00-6.00am BBC Learning Zone

700 Emmerdale

Rhona can't hide her true feelings any longer. Neither can we. We love Emmerdale. There, we admitted it. What do you mean you don't believe us?

7.30 Coronation Street

Steve struggles to raise £20,000 for Kylie. Sell a kidney?

8.00 Wild Britain with Ray Mears

The survival expert explores Somerset's wetlands. Somerset? The crazy daredevil!

8.30 Coronation Street

9.00 The Little House First of a two-part drama.

10.00 ITV News, Weather 10.35 Real Crime with Mark Austin: Death on the Bay

Chinese cockle-pickers swept out to sea in Morecambe Bay in 2004. (R)

11.35 Monte Carlo or Bust Six celebrities embark on a road trip. (R)

12.30am The Zone

2.30 STORII UEFA Champions League Weekly 3.00 The Jeremy Kyle Show (R)

7.00 News

7.55 4thought.tv

8.00 Dispatches: Street Kids Following four teenagers living on the streets over the course of six months.

9.00 Coppers

NEW Docu following police officers across England

10.00 Chris Moyles' **Quiz Night**

MUST-SEE The DJ with a true face for radio returns with his funny quiz. Guests tonight include Michael McIntyre and Louis Walsh.

10.50 Ramsay's Best Restaurant

Two North African restaurants. (R)

11.55 Music on 4: Bestival **Presents Dizzee Rascal** Agig from the rapper.

12.10am Tinchy Stryder: Video Exclusive

12.20 The Noisettes (R) 12.50 Premier League Poker

1.45 ELM Well Done Abba!: Indian comedy drama with Boman Irani. 4.10-6.00am FILM Kind Hearts and Coronets:

700 Five News at 7

7.30 How Do They Do It?

How they make big things, like the mahoosive Airbus A320.

8.00 The Gadget Show

Testing martial arts and flight simulators.

9.00 Extreme Fishing with Robson Green

NEW The actor goes angling in Brazil, fishing for the notoriously grumpy piranha. Yup, we'd say that is pretty extreme.

10.00 Above the Law

FILM Action starring (who else?)
Steven Seagal as a cop who uncovers an assassination plot.

12.05am The Gadget Show

This one was on earlier tonight. (R)

1.05 SuperCasino: Gambling action.

(R) 4.30-6.00am BBC News

BBC1 SCOTLAND: 7.30pm Helicopter Heroes 11.15 WALES: 7.30pm Snowdonia 1890 10.35 X-Ray 11.05 Graham Norton 11.50 Damages 12.35am Damages 1.20 BBC News BBC2 SCOTLAND: 7.00pm Dè a-nis? 11.20 Tea Party America

3.55-5.30am ITV Nightscreen

Black comedy starring Alec Guinness.

4.00 House Doctor (R) 4.25 Brian Sewell's Grand Tour (R) 5.10 Nick's Quest (R) 5.35-6.00am Nick's Quest(R)

Sport Sportscene 11.55 Damages BBC1 NORTHERN IRELAND: 7.30 pm In Your Corner 10.35 Choirboys 11.05 Ask Rhod Gilbert 11.40 Graham Norton 12.25am Damages 1.10 Sporting Traditions BBC1

12.20am A History of Horror 1.20 Paul Merton

Looks at Alfred Hitchcock 2.20 BBC News BBC2 NORTHERN IRELAND: 10.00pm Seacht 10.25 Seinn Liom 11.20 Stormont Today 11.50 IIII The Trip 12.20am A History of Horror BBC2 WALES: 11.20pm Made in Wales 11.30 A History of Horror

12.30am Paul Merton Looks at Alfred Hitchcock 1.30 News STV: 8.00pm SPORT Scotland's Game 10.30 News 10.40 Grimefighters 11.10 NEW Dilais 11.45 A Reir na h-Aimsir 12.15am Brain Box 1.00 Jeremy Kyle 2.00 The Nightshift 3.00-5.30am The

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans (HD) 9.00 Football Special

10.30 Football (HD)

11.00 Spanish Football (HD)

12.30pm Champions League Weekly: A look ahead to this week's fixtures. (HD)

1.00 Football 2.30 Football (HD)

3.00 Spanish Football (HD)

5.00 Champions League Weekly (HD)

5.30 Soccer AM: The Best Bits

6.30 Netbusters

7.00 MUSTISEE Football: Blackpool vs West Brom, kick-off 8pm. (HD)

10.30 Netbusters

11.00 A League of Their Own (HD)

11.30 SPL Round-Up (HD)

12.00m't Soccer AM: The Best Bits

1.00am Football (HD) 3.00 Netbusters 3.30 Watersports World 4.30 Max Power 5.30-6.00am FIFA Futbol Mundial

sky SPORTS 2

6.00am Aerobics 6.30 Urban Ride

7.00 WWE: Bottom Line (HD)

8.00 Golf (HD) 9.30 Golf (HD)

11.00 Boxing (HD)

1.00pm Golf (HD)

2.30 Golf (HD) 4.00 Boxing: George Groves and James

Obede Toney do head-pounding, (HD) 6.00 Urban Ride

6.30 Great Run Series

7.00 Thinking Tackle

8.00 NFL

10.00 Show Jumping

11.00 Angling 12.00m't Thinking Tackle

1.00am Golf 2.00 Golf (HD)

3.00 Wonderful World of Golf

4.30-5.30am PGATour Classic (HD)

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT FILM4 (315)

6.15pm Star Trek The Motion Picture 8.50 Another Year: Cannes 2010 Special 9.00 The Waterboy: Sports comedy. 10.45 Mike Leigh Special 11.00 Life Is Sweet 1.15-4.00am Import Export

COMEDY CENTRAL (126)

7.00pm The King of Queens 8.00 Scrubs 9.00 Two and a Half Men 10.00 Mike & Molly 10.30 Live at the Apollo 11.30 Sex and the City 12.35am Two and a Half Men 1.35 South Park 2.35 Scrubs 3.35 Frasier 4.05 Shortcuts Shuffle 4.20 The King of Oueens 5.10-6.00am Frasier



6.30pm Talk of the Terrace 8.00 Rugby Union 10.00

Between The Lines 10.30 ESPN Game of the Week 11.00 NFL 12.30am W NFL 3.30 Press Pass 2010 4.00 Between The Lines 4.30-6.00am Rugby Union

DISCOVERY (520)

6.00pm Mythbusters 8.00 How Do They Do It? 8.30 How It's Made 9.00 Mythbusters MUSISSEE 10.00 Frontline Battle Machines with Mike Brewer

11.00 How the Universe Works 12.00m't Deadliest Catch 1.00am Bear Grylls: Born Survivor 2.00 Chris Barrie's Massive Machines 3.00 World War Two: The Complete History 3.50 Treasure Quest 4.40 Days That Shook the World 5.30-6.00am How Does That Work?

BBC3 (115)

7.00pm Merlin 7.45 Doctor Who 8.30 Freak Like Me 9.00 The World's Strictest Parents 10.00 EastEnders 10.30 Kids with Guns - Stacey Dooley Investigates 11.30 Family Guy: Peter's father retires and moves in with the family. 12.20am The World's Strictest Parents 1.20 Freak Like Me 1.45 Wait Till Your Teacher Gets Home! 2.45 Are You Fitter Than a

Pensioner? 3.45-4.40am Kids with Guns - Stacey Dooley Investigates

E4 (136)

7.00pm Hollyoaks 7.30 Friends 9.00 One Tree Hill 11.00 Phone Shop 11.30 Rude Tube 12.00m't A Shot at Love with Tila Tequila 1.00am Scrubs 1.50 Reno 911! 2.10 Rude Tube 2.35 A Shot at Love with Tila Tequila 3.15 What About Brian 4.00 Switched 4.20 Accidentally on Purpose 4.40-6.00am Switched

DAVE (111)

7.00pm The Gadget Show 8.00 Top Gear 9.00 Ruddy Hell! It's Harry and Paul 9.40 The Armstrong & Miller Show 10.20 Peep Show 10.55 Dave's One Night Stand 11.55 Ruddy Hell! It's Harry and Paul 12.35am The Armstrong & Miller Show 1.15 Peep Show 1.50 Never Mind the Buzzcocks 2.20 Speeders 2.45-3.00am Radical Highs

84 Nuts

1 NOVEMBER VONDAY

6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R) 8.00 Oops TV (R) 9.00 Zoo Vet (R) 9.30 Zoo Vet (R) 10.00 Bones (R)(HD) 11.00 Super Nurses (HD) 11.30 The Real A&E(R)(HD) 12.00noon The Biggest Loser US 1.00 pm Project Runway (R)(HD) 2.00 Stargate Atlantis (R)(HD) 3.00 Stargate Atlantis (R)(HD) 4.00 Cold Case (R) 5.00 Malcolm in the Middle (R) 5.30 Futurama (R) 6.00 Oops TV: Home videos and out-takes. (R) 6.30 The Simpsons (R)

7.00 The Simpsons

Lisa decides to accept an invitation to join a Wiccan coven. (R)(HD)

7.30 The Middle

Frankie is accused of being overprotective of weird-looking kid Brick. (HD)

8.00 Fat Families

Any idea what this show's about? (HD)

9.00 Wives

The wives of polygamists reveal how they cope with their husbands having more than one partner. (R)(HD)

10.00 NCIS: Los Angeles

A woman takes hostages at a Navy recruitment centre. (HD)

11.00 Bones

Afghanistan war correspondent Hannah Burley pays Booth a surprise visit. (R)(HD)

12.00m't A League of Their Own

Tinchy Stryder guests. (R)(HD)

12.30am A League of Their Own

Dermot O'Leary guests. (R)(HD)

1.00 Law & Order 1.50 Road Wars (R)2.40 Oops TV (R)3.30 Lost (R) 4.20 Sell Me the Answer (R) 5.10-6.00 am Are You Smarter Than a 10 Year Old? (R)

Nightshift ULSTER: 10.30pm UTV Live 11.00 Surgery School 12.05-2.30am Brain Box ITV1 WALES: 8.00pm The Ferret 10.30 Wales Tonight 11.35 Wild Britain 12.05-12.30am Segar on Success

MTV (350)

7.00pm 16 and Pregnant 8.00 Celebrity Bites 8.30 MTV at the Movies 9.00 The Hard Times of RJ Berger 10.00 Jackass: The Beginning 11.00 Jackass 12.00m't South Park 1.00am The Dudesons in America 2.00 South Park 3.00-6.00am All the Hits

SYFY (129)

7.00pm Buffy the Vampire Slayer 8.00 Sanctuary 10.00 Warehouse 13 11.00 Fact or Faked: Paranormal Files 12.00m't M Horsemen of the Apocalypse 1.50am Thunderbirds 3.00 Mysterious Ways 4.00 Quantum Leap 5.00-6.00am Smallville

7.00pm NCIS 9.00 Family Guy 10.00 NCIS: The team searches for a girl. 11.00 Dexter 1.00am Babylon 5 2.00 ReGenesis 3.00-4.00am Water Rats

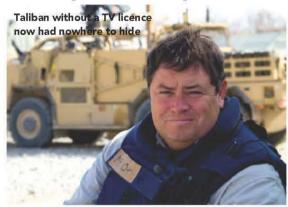
TODAY'S MUST-SEE





Blackpool vs West Brom Sky Sports 1/HD, 7pm

SPORT Incredibly, not the pottern. Incredibly, not the bottom-of-the-table two teams are eyeing Europa League spots. Still crucial, though, as both face a tough winter. ★★★★



Frontline Battle Machines With Mike Brewer Discovery, 10pm

The journo meets the Brit heroes fighting the Taliban in Afghanistan, and looks at the weaponry they're using. Fascinating stuff! ***

The Trip BBC1, 10pm

COMEDY Throw two comedy heroes

together, get them to be funny in each other's company and it's a guarantee of TV gold, right? Right? Well, maybe. This curious new comedy sees Steve Coogan and Rob Brydon play themselves as they tour the north of England, sampling its restaurants leading to the duo's improvised observations on life, lighthearted put-downs, and pitchperfect impressions over dinner. With a heart firmly in the right place, we like this. Future episodes will dictate whether we grow to love it, though. ***



Chris Moyles' Quiz Night

Channel 4, 10pm

Back for a new series, the quiz show COMEDY sees Chris battling celebrities for top spot on the leaderboard. Guests this series include Wossy, Michael McIntyre and Jimmy Carr. ★★★★



NutsTV

5.00am Breakfast 9.15 Animal 24:7 10.00 Homes Under the Hammer 11.00 Cowboy Trap 11.45 To Buy or Notto Buy 12.15pm Bargain Hunt(R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Moving On 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Animal Park(R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Due South (R) 1.45 Ready Steady Cook(R) 2.15 Ben Fogle's Escape in Time (R) 3.00 Diagnosis Murder (R) 3.45 Flog It! 4.30 Pointless 5.15 The Hairy Bikers' Cook Off 6.00 Eggheads 6.30 Strictly Come Dancing-It Takes Two: With Claudia Winkleman

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover (R) 3.00 Dickinson's Real Deal 4.00 Midsomer Murders (R) 5.00 The Alan Titchmarsh Show 6.00 Regional News, Weather 6.30 ITV News

6.00am Sali Mali (R) 6.05 The Treade People (R) 6.15 Planet Cook (R) 6.35 Yo Gabba Gabba (R) 7.00 Freshly Squeezed 7.30 Everybody Loves Raymond (R) 8.25 Frasier (R) 8.55 Coach Trip (R) 12.00noon Channel 4 News Summary 12.05pm River Cottage Bites 12.20 A Place in the Sun: Home or Away (R) 1.20 IIII The Moonraker: Swashbuckling adventure starring George Baker, 3.25 Countdown 4.10 Deal or No Deal 5.00 Come Dine with Me 5.30 Jamie's 30 Minute Meals 6.00 The Simpsons (R) 6.30 Hollyoaks

6.00am Milkshakel 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 House (R) 12.40pm Five News 12.45 Warship (R) 1.45 Neighbours 2.15 Home and Away 2.50 Meals in Moments (R) 3.00 Meals in Moments (R) 3.10 FIM Falling in Love with the Girl Next Door: Romantic comedy starring Crystal Allen, 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

700 The One Show

Topical chit-chat with Jason Manford.

7.30 EastEnders

Kat and Alfie unveil the new-look Victo the locals. We're guessing it'll have dim lighting and drab wallpaper. Just a hunch.

8.00 Holby City

Organ-prodding nonsense.

9.00 Turn Back Time -The High Street

NEW Shopkeepers experience life as it was on the highstreet in the 1870s. Cheaper, we reckon.

10.00 BBC News, Weather

10.35 Taking the Keys Away Old people and driving. Shudder.

11.20 Eat, Pray, Light The Festival of Lights.

11.55-6.00am **US Mid-Term Elections**

Political guff, US-style.

7.00 Coast

Soggy documentary. (R)

7.30 MasterChef: The Professionals

The three finalists serve lunch at the Noma restaurant in Copenhagen, then get smashed on Carlsberg, Maybe.

9.00 Whites

Roland starts interviewing for a new sous chefas Bib prepares to leave.

9.30 Harry & Paul

MUST-SEE Another slew of brilliant sketches. Then it's the end of the series, Boo!

10.00 Later Live with Jools Holland

MUST-SEE Hairy American band Kings of Leon

perform. Mark our words – they're going to be huge! Huh? They already are? Oh.

10.30 Newsnight

11.20 A History of Horror with Mark Gatiss

12.20am A Life without Work Docu about jobless types. (R)

1.25 Sign Zone: See Hear (R) 1.55 The Secret Tourist: Consumer travel show. (R) 2.55 E Numbers: An Edible Adventure (R) 4.00-6.00am BBC Learning Zone

700 Emmerdale

Val becomes convinced the B&B is haunted. We bet it's a ghost sheep.

7.30 River Monsters

NEW Jeremy Wade hunts for the goliath tiger fish in Africa. It's as scary as it sounds, by all accounts.

8.00 Fiddles, Cheats & Scams

A gambler who charmed money from police officers. Now that's audacious! Or more likely, just plain silly.

9.00 71 Degrees North

The finalists are challenged to swim under the ice of a frozen lake. Brrr.

10.00 ITV News, Weather

10.35 Homes from Hell

A couple whose rural retreat in Portugal is about to be surrounded by a new motorway, D'oh! (R)

11.35 Swingtown

Laurie and Doug Stephens are discovered in a compromising position.

12.25am The Zone

Shopping and interactive gaming.

7.00 News

7.55 4thought.tv

That Festival of Lights thing again.

Homemade Home

NEW Kirstie Allsopp helps people spruce up their homes.

9.00 Ramsay's Best Restaurant

The crinkly-faced chef whittles the first four semi-finalists down to two

11.05 Seven Days

The lives of posh types in Notting Hill.

12.10am Late Night Poker

SPORT Phil Ivey and Carlos Mortenson battle it out.

700 Five News at 7

7.30 Street Market Chefs

Amanda Sheep - sorry - Lamb heads for the Peak District to put two Bakewell whisk-wielders to the test

8.00 Sea Patrol UK

The team race to save a teenager.

9.00 CSI: Miami

MUST-SEE A receptionist is killed, and everyone in the company becomes a suspect.

10.00 CSI: NY

A journalist is found to have been murdered with a bar of gold. (R)

11.00 CSI: Crime

Scene Investigation

A clown is found murdered. (R)

11.55 NCIS

A dramatic undercover operation results in the death of a serial killer. (R)

12.55am SuperCasino

Another chance to flirt with bankruptcy via a bouncing ball-bearing.

BBC1 SCOTLAND: 8.00pm River City BBC1 NORTHERN IRELAND: 10.35pm Spotlight 11.05 6.00am US Mid-Term Elections BBC1 WALES:

Away 11.50 Eat, Pray, Light 12.20-6.00am US Mid-Term Elections BBC2 SCOTLAND: 7.00pm SPORT The Adventure Show 8.00 MasterChef: The Professionals 9.30 Whites 10.00 Harry & Paul 11.00 Newsnight

intimidated. 3.20 The Jeremy Kyle Show (R) 4.15-5.30am ITV Nightscreen

2.30 The Rockford Files: Jim refuses to be

1.10 Beach Volleyball 2.05 Freesports 2.30 KOTV 3.00 Motorsport 3.25 World Sport 3.50 Triathlon 4.50 Survival of the Fittest 5.15-6.05am Deadliest Catch

4.00 House Doctor: Poorly properties get help. Er... (R) 4.25 Brian Sewell's Grand Tour(R) 5.10 Nick's Quest(R) 5.35-6.00am Michaela's Wild Challenge (R)

Taking the Keys Away 11.50 Eat, Pray, Light 12.20-10.35pm Week In, Week Out 11.05 Taking the Keys

Scotland 11.20 Later Live - with Jools Holland 11.50

A History of Horror with Mark Gatiss 12.50am A Life without Work BBC2 NORTHERN IRELAND: 7.00pm Choirboys 7.30 NEW An Bhearna Bhaoil 8.00 MasterChef: The Professionals 9.30 Whites 10.00 Great Unanswered Questions 11.20 Stormont Today 11.50 Later Live - with Jools Holland 12.20am A History of Horror 12.50am BBC News BBC2 WALES: 7.00pm Snowdonia 1890 Uncovered 7.30 Mastermind STV: 7.30pm Being Victor 10.30 STV News 10.40 Ladette to Lady 11.40 Animals Are

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans (HD) 9.00 Netbusters 9.30 Football (HD)

11.30 SPL Round-Up (HD) 12.00noon Soccer AM: The Best Bits

1.00pm Netbusters

1.30 Football (HD) 3.30 SPL Round-Up (HD)

4.00 Soccer AM: The Best Bits 5.00 Netbusters 5.30 Football Asia

6.00 Spanish Football 7.00 Sky Sports News at Seven (HD)

7.30 Soccer Special (HD)

10.30 Football Asia 11.00 Spanish Football

12.00m't A-League 12.30am Football (HD) 1.30 Football Asia

2.00 Spanish Football 3.00-6.00am Cricket: One-day fun with Australia vs Sri Lanka in Melbourne.

sky SPORTS 2

6.00am Aerobics 6.30 Urban Ride

7.00 WWE: Afterburn (HD)

8.00 Great Run Series 8.30 SPL Round-Up (HD)

9.00 Golf 10.00 Golf (HD)

11.00 Wonderful World of Golf 12.30pm PGA Tour Classic (HD)

1.30 Great Run Series

2.00 Golf

3.00 Motorsport (HD)

4.00 Show Jumping 5.00 Mountain Bike World 5.30 BMX Cycling

6.00 Bowls

7.00 MUST-SEE Football: Spurs vs Interat White Hart Lane. Kidk-off 7.45pm. (HD)

10.00 Champions League Goals (HD) 11.00 Poker (HD) 1.00-2.00am Golf (HD)

FILM4 (315)

6.25pm Oliver Twist: Dickens drama starring Ben Kingsley. 9.00 Dodgeball: ATrue Underdog Story: Sporting comedy starring Ben Stiller. 10.50 Secrets & Lies: Drama starring Brenda Blethyn and Marianne Jean-Baptiste. 1.40-4.00am Tokyo Sonata: Japanese drama starring Teruyuki Kagawa.

COMEDY CENTRAL (126)

7.00pm The King of Queens 8.00 Scrubs 9.00 Two and a Half Men 9.30 Live at the Apollo 10.30 Mike & Molly 11.00 Sex and the City 12.05am Two and a Half



7.00pm Kicks 7.15 NFL: Monday Night Football 9.45 Serie

A Kicks 10.00 Pardon the Interruption UK 10.30 Football 3.30am Press Pass 2010 4.00 Pardon the Interruption UK 4.30-5.30am Press Pass 2010

Men 1.05 South Park: The boys play a game. 2.05 The Office: An American Workplace 3.05 Scrubs 3.35 Two and a Half Men 4.00 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

DISCOVERY (520)

6.00pm Mythbusters 8.00 How Do They Do It? 8.30 How It's Made 9.00 Trawler Wars 10.00 Deadliest Catch 1.00am Bear Grylls: Born Survivor 2.00 Chris Barrie's Massive Machines: The lifting power of cargo planes. 3.00 World War Two: The Complete History 3.50 Treasure Quest 4.40 Days That Shook the World 5.30-6.00am How Does That Work?

BBC3 (115)

7.00pm Total Wipeout 8.00 Snog, Marry, Avoid? 9.00 Don't Tell the Bride 10.00 EastEnders 10.30 Lip Service 11.30 Family Guy 12.20am Don't Tell the Bride 1.20 Lip Service 2.20 Total Wipeout 3.20 Snog, Marry, Avoid? 4.15-5.15am Wait Till Your Teacher Gets Home!

E4 (136)

7.00pm Hollyoaks 7.30 Friends 9.00 The Event: Vicky and Carter take a crucial hostage. 10.00 IIII Underworld: Evolution: Horror sequel starring Kate Beckinsale, 12.05am Scrubs 1.05 The Event 1.55 Life Unexpected 2.40 What About Brian 3.20 Reno 911! 3.40 Switched 4.05 Accidentally on Purpose 4.25-6.00am Switched

DAVE(111)

7.00pm Ray Mears' Wild Food 8.00 Top Gear 9.00 QIXL: With David Tennant, Bill Bailey and Lee Mack. 10.00 Argumental 10.40 Mock the Week 11.20 Have I Got Old Newsfor You 12.00m't QIXL 1.00am Argumental 1.40 Mock the Week 2.15 Never Mind the Buzzcocks 2.45-3.00am SPORT Radical Highs

86 Nuts

2 NOVEMBER TUESDAY



6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R) 8.00 Oops TV (R) 9.00 Zoo Vet (R) 9.30 Zoo Vet (R) 10.00 Cold Case (R) 11.00 Kim's Rude Awakening (R)(HD) 11.30 The Real A&E (R)(HD) 12.00noon The Biggest Loser US 1.00pm Project Runway (R) 2.00 Stargate Atlantis(R)(HD) 3.00 Stargate Atlantis(R) (HD) 4.00 Cold Case (R) 5.00 Malcolm in the Middle (R) 5.30 Futurama (R) 6.00 Oops TV (R) 6.30 The Simpsons (R)

7.00 The Simpsons

Homer heads to Jerusalem with Flanders and ends up stranded. (R)(HD)

7.30 The Middle

Frankie and Mike face a dilemma. (HD)

8.00 Fat Families

Steve Miller helps four overweight friends lay off the pies and pizzas. (HD)

9.00 Stargate Universe

Scott is attacked by a plant-like creature while having a mooch round a new planet. Well, if he will insist on space exploration missions... (HD)

10.00 Fringe Olivia fights to return home. (R)(HD)

11.00 Fringe

A mysterious box causes a number of deaths. Bad mysterious box. (R)(HD)

12.00m't Fringe

A series of weird events lead the Fringe Division to crimes with some shocking coincidences. (R)(HD)

1.00pm Fringe (R)2.00 Guest List (R)(HD) 2.25 Lie to Me (R)3.20 Lost (R)(HD) 4.15 Sell Me the Answer (R)(HD) 5.10-6.00am Are You Smarter Than a 10 Year Old? (R)

Amazing 12.00m't Brain Box 1.00am Jeremy Kyle 2.00-5.30am The Nightshift ULSTER: 10.30pm UTV Live Tonight 11.00 The Cube 12.00m't Brain Box ITV 7.30pm NEW Anna's Welsh Zoo

MTV (350)

7.00pm 16 and Pregnant 8.00 Randy Jackson's America's Best Dance Crew 9.00 Jersey Shore: Reality show. 10.00 Jackass 12.00m't South Park 1.00am The Dudesons in America 2.00 South Park 3.00-6.00am All the Hits

SYFY (129)

7.00pm Buffy the Vampire Slayer 8.00 Medium 9.00 Haven 10.00 The 7 Adventures of Sinbad: Fantasy starring Patrick Muldoon. 11.50 HIM Attack of the Gryphon 1.40am Thunderbirds 3.00 Mysterious Ways 4.00 Quantum Leap 5.00-6.00am Smallville

FX (164)

7.00pm NCIS: Double-bill. 9.00 King of the Hill: Double-bill. 10.00 American Dad! 11.00 Life 12.00m't Farscape 1.00am Babylon 5 2.00 ReGenesis 3.00-4.00am Water Rats



Spurs vs Inter Milan

The big games are coming thick and fast for Spurs at the moment, and this potential cracker from White Hart Lane is their biggest yet. The reverse fixture at the San Siro saw Inter take what appeared to be an unassailable 4-0 lead, only for a secondhalf Gareth Bale hat-trick to bring the score back to 4-3. This week, all eyes are on Harry Redknapp as he tries to refute accusations his side is too inexperienced for the demands of Champions League football. Meanwhile, Inter have no such problems - not only are they reigning Champions, they also boast genuine European pedigree with former Liverpool



CSI: Miami Five, 9pm

When the lift malfunctions at the offices DRAMA When the III thin in the an axe in the head - is found in the lift shaft. The victim is an unpopular receptionist, and her colleagues the prime suspects. Horatio has other ideas, though. **



Later Live... with Jools Holland BBC2, 10pm

MUSIC A mixed bag, as the Kings Of Leon rock out, and ropey rapper MIA peddles hiphop for people who don't really like hip-hop. ★★★



Harry & Paul BBC2, 9.30pm

Enfield and Whitehouse's latest series has put pretty much every other sketch show on telly this year to shame, and we love it. This week, the Benefits appear on TV quiz show Ask The Dysfunctional Family. Brilliant, as ever. ***



5.00am Breakfast 9.15 Animal 24:7 10.00 Homes Under the Hammer (R) 11.00 Cowboy Trap 11.45 To Buy or Not to Buy 12.15pm Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Moving On 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Daily Politics 1.00pm See Hear 1.30 Ready Steady Cook: With Torvill and Dean. (R) 2.15 Ben Fogle's Escape in Time (R) 3.00 Diagnosis Murder (R) 3.45 Flog It! 4.30 Pointless 5.15 The Hairy Bikers' Cook Off 6.00 Eggheads 6.30 Strictly Come Dancing - It Takes Two

5.30am ITV News 6.00 Davbreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover (R) 3.00 Dickinson's Real Deal 4.00 Midsomer Murders (R) 5.00 The Alan Titchmarsh Show: With Honor Blackman and "music" by James Blunt, No! 6.00 Regional News, Weather 6.30 ITV News

6.05am The Treacle People (R) 6.15 Planet Cook (R) 6.35 Yo Gabba Gabba (R) 7.00 Freshly Squeezed 7.30 Everybody Loves Raymond (R) 8.25 Frasier (R) 9.30 According to Jim (R) 9.55 Three in a Bed (R) 10.55 Jo Frost: Extreme Parental Guidance (R) 12.00noon News 12.05pm A Place in the Sun: Home or Away (R) 1.00 From Hell to Texas 2.55 Wogan's Perfect Recall 3.25 Countdown 4.10 Deal or No Deal 5.00 Come Dine with Me 5.30 Jamie's 30 Minute Meals 6.00 The Simpsons (R) 6.30 Hollyoaks

700 News

7.55 4thought.tv

8.00 Animal Madhouse

9.00 Grand Designs

11.05 The Event

Loaded people build big houses.

NEW Poorly critters are given help by four put-upon vets.

10.00 Rude Tube: Total Stunts

A countdown of the 50 most dangerous

stunts, including lizard snogging. Urgh!

Vicky and Carter take a crucial hostage. (R)

12.05am Music on 4: On Track

12.35 Strummerville Sessions

12.50 Dumb and Dumberer:

With jangly pop band the Coral.

12.20 JD Set Birthday

6.00am Milkshakel 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 House (R) 12.40pm Five News 12.45 Warship (R) 1.45 Neighbours 2.15 Home and Away 2.50 Meals in Moments (R) 3.00 Meals in Moments (R) 3.05 FLM Miles from Nowhere: Sports drama, 5.00 Five News. Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

700 The One Show

7.30 Wallace and Gromit's World of Invention

NEW Gadgets presented by the Plasticine duo.

8.00 Jimmy's Food Factory

NEW Jimmy Doherty looks at pub food. Mmm, fish and chips.

8.30 Nigel Slater's Simple Suppers

NEW The food writer transforms classic recipes.

9.00 The Apprentice

MUST-SEE The contestants open fashion stores.

10.00 BBC News, Weather 10.35 The National **Lottery Draws**

10.45 Film 2010 with Claudia Winkleman

Reviews of Due Date and Let Me In.

11.25 Wonder Boys

FILM Black comedy starring Michael Douglas.

1.15am Sign Zone: Country Tracks (R) 2.10 Watchdog (R) 3.10 MasterChef: The Professionals (R) 3.40 Restoration Roadshow(R) 4.00-6.00am BBC News

7.00 Escape to the Country

Or escape to anywhere but here! (R)

8.00 Natural World

The lives of bottlenose dolphins in Shark Bay, Western Australia, Er, stressful if sharks are involved, we reckon.

9.00 Horizon: Asteroids - The Good, the Bad and the Ugly

Scientists and researchers analyse their latest discoveries about asteroids. Aargh! We're all going to die!

10.00 The Apprentice: You're Fired!

"I was a made a scapegoat!" etc.

10.30 Newsnight 11.20 Whites

Roland interviews for a new sous chef. (R)

11.50 Harry & Paul

The Benefits clan appear on a quiz show, and the Lovelorn Customer makes a final visit to the Polish Cafe. (R)

12.20am BBC News

4.00-6.00am BBC Learning Zone

7.00 Emmerdale

Viv's shaken when the shop's burgled. Don't tell us - Monty the sheep dog's been pinched, hasn't he?

7.30 UEFA Champions League

LIVE The Group F match between Chelsea and Spartak Moscow at Stamford Bridge, kick-off 7.45pm. We're expecting a stroll for Chelsea here.

10.00 ITV News, Weather

10.35 UEFA Champions League: Extra Time

SPORT Round-up of the action from matchday four, including Chelsea vs Spartak Moscow, Shakhtar Donetsk vs Arsenal, Bursasnor vs Man United and Spurs vs Inter Milan.

2.35 Thirteen: Teen drama starring

Reed. 4.15 The Jeremy Kyle Show (R)

5.10-5.30am ITV Nightscreen

12.35am The Zone

FILM Comedy prequel. Not nearly as funny as the Jim Carrey flicks. 2.15 Whatever Turns You On (R) 2.25 Evan Rachel Wood, Holly Hunter and Nikki

When Harry Met Lloyd

Studio 60 on the Sunset Strip (R) 3.15 ER (R) 4.00 Afterworld (R) 4.30 Hill Street Blues (R) 5.15-6.00am Countdown (R)

7.00 Five News at 7

7.30 Highland Emergency

Aman suffers chest pains on a remote oil rig. Er, a highland emergency?

8.00 Cowboy Builders

More dodgy bricklayers and the like get a camera pointed at them.

9.00 NCIS

Palmer comes under fire while investigating a murder. (R)

10.00 Law & Order: **Criminal Intent**

Goren and Eames discover a strange link between three murder victims.

10.55 Law & Order

Briscoe and Green investigate the murder of a grief counsellor. (R)

11.55 Poker

SPORT Shade-wearing, card-laying antics from London.

12.50am SuperCasino

4.00 House Doctor(R) 4.25 Brian

Wild Challenge (R) 5.35-6.00am

Michaela's Wild Challenge (R)

Sewell's Grand Tour (R) 5.10 Michaela's

BBC1 SCOTLAND: 7.30pm Grand Tours of Scotland 8.00pm Holby City BBC1 NORTHERN IRELAND: 10.45pm Sketchy with Diamond Corr 11.15

Film 2010 with Claudia Winkleman 11.55 BBC

News 12.15am Sign Zone: Mountain Gorilla

BBC1 WALES: 7.30pm Snowdonia 1890 8.00 NEW Wallace and Gromit's World of Invention 10.45 Ask Rhod Gilbert 11.25 Film 2010 with Claudia Winkleman 12.05am The Crossing Guard. Drama starring Jack Nicholson. 1.50am BBC News

BBC2 SCOTLAND: 7.00pm The Big Silence 11.00 Newsnight Scotland, Weather BBC2 NORTHERN IRELAND: 7.00pm The Clown Doctors 7.30 Santer 11.20 Spotlight 11.50 ALife without Work 12.50am Harry & Paul 1.20am BBC News STV: 12.35am Brain Box 1.00 The Jeremy Kyle Show 2.00am The Nightshift ULSTER: 10.30pm UTV Live Tonight 11.00 SPORT UEFA Champions League: Extra Time 1.00am Brain Box

TODAY'S SPORT

sky SPORTS 1

6.00am WE Cricket: Australia vs Sri Lanka at the Melboume Cricket Ground. 11.30 Football (HD)

12.30pm Spanish Football 1.30 Football Asia

2.00 Cricket

4.00 Football (HD)

5.00 Spanish Football

6.00 European Tour Weekly

6.30 FIFA Futbol Mundial

7.00 Sky Sports News at Seven (HD)

7.30 Soccer Special (HD)

10.00 You're on Sky Sports!

11.30 FIFA Futbol Mundial

12.00m't Total Rugby

12.30am Football (HD)

1.30 FIFA Futbol Mundial

2.00 You're on Sky Sports! 3.30 Football (HD)

4.30 FIFA Futbol Mundial

5.00-6.00am Transworld Sport

sky SPORTS 2

6.00am Good Morning Sports Fans (HD) 9.00 Football (HD)

10.00 Football Asia 10.30 A-League

11.00 Poker (HD) 1.00pm Golf (HD) 2.00 Bowls

3.00 Poker (HD)

5.00 Watersports World

6.00 Champions League Pre-Game Show: Previewing tonight's action. (HD)

7.30 MUST-SEE Football: The Champions League Group H match between Shakhtar Donetsk and Arsenal at the Donbass Arena, kick-off 7.45pm. (HD)

10.00 Football: Round-up of action from the matchday four fixtures, including Chelsea vs Spartak Moscow. (HD) 11.00 Watersports World

12.00m't Cricket 2.00-4.00am Poker (HD)

FILM4 (315)

7.15pm Bedazzled: Fantasy comedy remake starring Brendan Fraser. 9.00 Transporter 2: Action adventure sequel starring Jason Statham. 10.40 Vera Drake: Drama starring Imelda Staunton. 1.05-4.00am Memories of Matsuko

COMEDY CENTRAL (126)

7.00pm The King of Queens 8.00 Scrubs 9.00 Two and a Half Men 10.00 The Office 11.00 Sex and the City 12.10am Two and a Half Men 1.10 South Park 2.10 Grouchy Young Men 2.40 Scrubs 3.40 Everybody Loves Raymond



5.30pm NHRA Drag Racing 8.30 Premier League

World 9.00 NBA Tonight Roundtable 9.30 30 for 30 10.30 Poker 11.30 INS NHLIce Hockey 2.00am Press Pass 2010 2.30-5.00am WE NBA Basketball

4.05 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

DISCOVERY (520)

6.00pm Mythbusters 8.00 How Do They Do It? 8.30 How It's Made 9.00 The Truth Behind 10.00 Trawler Wars 11.00 Frontline Battle Machines with Mike Brewer 12.00m't Deadliest Catch 1.00am Bear Grylls: Born Survivor 2.00 Chris Barrie's Massive Machines: Amphibious vehicles, 3.00 World War Two: The Complete History 3.50 Treasure Quest 4.40 Days That Shook the World 5.30-6.00am How Does That Work?

BBC3 (115)

7.00pm Great Movie Mistakes 8.00 Don't Tell the Bride 9.00 FUM Eight Below: Disney canine adventure, starring Paul Walker, 10.50 Family Guy: Peter fights with his friends over a trophy. 11.40 Lip Service 12.40am One Non Blonde

Down Under 1.10 Russell Howard's Good News 1.40 Great Movie Mistakes 2.40 Lip Service 3.35 One Non Blonde Down Under 4.05-5.05 am Don't Tell the Bride

E4 (136)

7.00pm Hollyoaks 7.30 Friends 9.00 Ugly Betty 10.00 Desperate Housewives 11.00 Riding in Cars with Boys: Drama starring Drew Barrymore and Steve Zahn. 1.30am RuPaul's Drag Race 2.15 Scrubs 3.10 Glee 3.55 Reno 911! 4.15 Switched 4.35 Accidentally on Purpose 4.55-6.00am Switched

DAVE (111)

6.40pm Trawlermen 7.20 Everest ER 8.00 Top Gear 9.00 Not Going Out: Comedy. 9.40 Peep Show 10.15 QL 10.55 Mock the Week 11.35 Not Going Out 12.15am Peep Show 12.50 Mock the Week 1.30 QI 2.00 Pulling 2.30-3.00am Whose Line Is It Anyway?

6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R) 8.00 Oops TV (R) 9.00 Liza and Huey's Pet Nation (R) (HD) 10.00 Cold Case (R) 11.00 Kim's Rude Awakening (R)(HD) 11.30 Medical Emergency (R) 12.00noon The Biggest Loser US 1.00pm Customs (R) 1.30 Customs (R) 2.00 Stargate Atlantis (R) (HD) 3.00 Stargate Atlantis (R)(HD) 4.00 Cold Case (R) 5.00 Malcolm in the Middle (R) 5.30 Futurama (R) 6.00 Oops TV (R)(HD) 6.30 The Simpsons (R)

7.00 The Simpsons

Homerand Chief Wiggum have a bromance. This is an ace episode! (R)(HD)

7.30 The Middle

Frankie is horrified when a shop assistant believes she is searching for incontinence pads. Well, it happens. (HD)

8.00 Fat Families

Two women looking for love who reckon their weight's holding them back. One's 17 stone, the other 18-and-a-half. Hmm, it could be a problem...(HD)

9.00 Bones

Booth and Brennan visit the Jersey Shore to investigate a murder. (HD)

10.00 Lie to Me

MUST-SEE Another ace episode of the lie-detecting drama, starring Tim Roth.(HD)

11.00 Training Day

FILM Excellent police thriller starring Denzel Washington and Ethan Hawke. (HD)

1.20am Road Wars 2.10 Ross Kemp on Gangs 3.00 Oops TV (R) 3.30 Lost 4.20 Sell Me the Answer 5.10-6.00am Are You Smarter Than a 10 Year Old? (R)(HD)

MTV (350)

7.00pm 16 and Pregnant 8.00 Celebrity Bites 8.30 MTV at the Movies 9.00 The Hard Times of RJ Berger 10.00 Jackass Gumball Rally! 11.00 Jackass Flashback Special 12.00m't South Park 1.00am The Dudesons in America 2.00 South Park 3.00-6.00am All the Hits

SYFY (129)

7.00pm Buffy the Vampire Slayer 8.00 TIM Ice Twisters: Sci-fi thriller starring Mark Moses. 9.50 FIM Meteor Storm: Sä-fi thriller. 11.40 Haven 12.40am Hydra: Horror. 2.30 3rd Rock from the Sun 3.00 Mysterious Ways 4.00 Quantum Leap 5.00-6.00am Smallville

FX (164)

7.00pm NCIS 9.00 American Dad! 10.00 Burn Notice: Spy drama. 11.00 Dexter 1.00am Babylon 5 2.00 ReGenesis 3.00-4.00am Water Rats

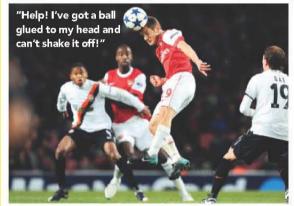
TODAY'S MUST-SEES



The Apprentice BBC1, 9pm

REALITY Lord Sugar pucks the candidates off

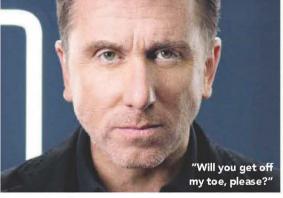
to Manchester, and not just to get them a couple of hundred miles away from him for a few hours. There, they have to open pop-up shops at the Trafford Centre to flog a load of top clobber. First, the two teams must select a clothing range from some of London's up-and-coming designers, then charm them into allowing them to represent their brand. After which we get to sit back and watch it all go wrong in typically hilarious, er, fashion before one of them gets the chop. ***



Shakhtar Donetsk VS Arsenal Sky Sports 2/HD, 7.30pm

It's men against boys again, except the

boys of Arsenal are way better than the men of Shakhtar! But can they do it on the road? ★★★★



Lie To Me Sky1/HD, 9pm

DRAMA One of the better dramas on TV right now, it's all about Dr Cal Lightman (Tim Roth), who has ways of knowing when people are lying. In tonight's episode, the group are called

in to check out a detective and her methods. ***

"Appendix removal? The doctor will see you now"

GI Joe: The Rise Of Cobra

Sky Movies Premiere/HD, 8pm

Loud but silly nonsense that tanked at the box office but boasts impressive FX. A bunch of all-American heroes jet around the world battling an evil arms expert. Or something, **



5.00am Breakfast 9.15 Animal 24:7 10.00 Homes Under the Hammer (R) 11.00 Cowboy Trap 11.45 To Buy or Not to Buy 12.15pm Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Moving On: Drama, 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link(R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Animal Park(R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Due South (R) 1.45 Ready Steady Cook 2.15 Ben Fogle's Escape in Time (R) 3.00 Diagnosis Murder (R) 3.45 Flog It! 4.30 Pointless 5.15 The Hairy Bikers' Cook Off 6.00 Eggheads 6.30 Strictly Come Dancing - It Takes Two

5.30am ITV News 6.00 Davbreak 8.30 Lorraine 9.25 The Jeremy Kyle Show (R) 10.30 This Morning 12.30pm Loose Women: With Dawn French, 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover (R) 3.00 Dickinson's Real Deal 4.00 Midsomer Murders (R) 5.00 The Alan Titchmarsh Show 6.00 Regional News, Weather 6.30 ITV News

6.00am Sali Mali (R) 6.05 The Treade People (R) 6.15 Planet Cook (R) 6.35 Yo Gabba Gabba (R) 7.00 Freshly Squeezed 7.30 Everybody Loves Raymond (R) 8.25 Frasier (R) 9.25 According to Jim (R) 9.55 Three in a Bed (R) 10.55 Jo Frost (R) 12.00noon News 12.05pm A Place in the Sun (R) 1.05 FIM The Englishman Who Went Up a Hill, but Came Down a Mountain 2.55 Perfect Recall 3.25 Countdown 4.10 Deal or No Deal 5.00 Come Dine with Me 5.30 30 Minute Meals 6.00 Simpsons (R) 6.30 Hollyoaks

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 House (R) 12.40pm Five News 12.45 Warship (R) 1.45 Neighbours 2.15 Home and Away 2.50 Meals in Moments (R) 3.00 Meals in Moments (R) 3.10 EEM Mystery Woman: Vision of a Murder: Mystery starring Kellie Martin, 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

7.00 The One Show

Topical stories with Jason Manford.

7.30 EastEnders

More market-stall misery.

8.00 Watchdog

The perils of getting married on holiday.

9.00 Have I Got News for You Another dose of headline-related laughs

with guest host Chris Addison.

9.30 Reggie Perrin

David reveals his true colours at the swimming baths. We don't want to know.

10.00 BBC News, Weather 10.35 Question Time

Political bobbins from Sheffield.

11.35 This Week

Even more of the above, without the bit about Sheffield.

12.30am Sign Zone: Panorama

Alleged chaos inside HM Revenue & Customs. Panic!(R)

1.00 Countryfile (R) 2.00 Antiques

Roadshow(R) 3.00 MasterChef: The

700 The Culture Show

Mike Leigh has a natter about his latest film. Another Year.

8.00 Nigella Kitchen

Sweet and salty nut bars and "black squink risotto". We're not sure what that is, but it sounds absolutely horrible!

8.30 Autumnwatch 2010 Bird-spying in Scotland.

9.30 Autumnwatch Unsprung With Nick Baker.

10.00 Never Mind the Buzzcocks

Hilariously miserable comic Jack Dee hosts the quiz. Jedward guest, so keep something handy to throw at the telly.

10.30 Newsnight

11.20 The Culture Show

The earlier show - again! (R)

12.20am The Apprentice: You're Fired!

Interview with the latest loser.

7.00 Emmerdale

Goat-grazing guff.

7.30 Adoption Crisis?: Tonight Heavy going documentary.

8.00 Emmerdale

8.30 Coronation Street

Kevin is in turmoil. We're know how he feels. Watch the football on Five!

9.00 Monte Carlo or Bust The three teams head to Lyon.

10.00 ITV News, Weather

10.35 Rambo III

FILM Violent action adventure sequel starring Sly Stallone as bandana-wearing warrior John Rambo.

12.25am The Zone Time for bed.

2.25 The Jeremy Kyle Show: Angry chat.

7.00 News 7.55 4thought.tv

8.00 River Cottage Every Day

A look at how to build a pizza oven for a garden. Now we're talking!

9.00 What the Green **Movement Got Wrong** Environment-related docu

10.20 What the Green **Movement Got Wrong:** The Debate

More hot air about the environment.

11.00 True Blood

MUST-SEE Eric arrives to do his master's bidding on the eve of the Fellowship's lockdown.

12.15am Music on 4: Bestival **Presents Ellie Goulding**

The singer's performance.

12.30 4Play: Stornoway 12.45 The Album **Chart Show Spotlight** 12.55 King of the Hill

1.10 King of the Hill 1.35 Coppers 2.30

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

700 Five News at 7

7.30 UEFA Europa League Football

LIVE Another big European night at Anfield, Well, sort of, Here, they take on Napoli in matchday four Group K fixture, kick-off 8.05pm.

10.10 The Detonator

FILM The CIA assigns an undercover agent to escort a Russian

informant, who has become the target of Romanian gun-runners, to New York. Wesley Snipes stars. It's not great though.

12.05am SuperCasino

Who needs money anyway?

4.00 House Doctor(R) 4.25 Brian

Professionals (R) 4.00 Restoration Roadshow(R) 4.30-6.00am BBC News

1.05 BBC News: The day's top stories. 4.00-6.00am BBC Learning Zone

(R) 3.25 Adoption Crisis? Tonight (R) 3.50-5.30am ITV Nightscreen

Dispatches (R) 3.20 Unreported World (R) 3.50 Dispatches (R) 4.45 Brothers & Sisters (R) 5.30-6.15am Countdown (R)

Sewell's Grand Tour (R) 5.10 Michaela's Wild Challenge (R) 5.35-6.00am Michaela's Wild Challenge (R)

BBC1 NORTHERN IRELAND: 11.35pm Hearts and Minds 12.05am This Week BBC1 WALES: 11.40pm Dragon's Eye 12.10am This Week BBC2 SCOTLAND: 11.00pm Newsnight Scotland, Weather BBC2 NORTHERN IRELAND: 7.00pm In Your Corner 7.30

Hearts and Minds 10.00 Bas Ceoil 11.20 Party STV: 9.00pm Underhelly: A Tale of Two Cities 10.30 Political Broadcast 11.25 Never Mind the Buzzcocks 11.55 The Culture Show 12.55am The Apprentice: You're Fired! 1.35am BBC News BBC2 WALES: 7.00pm Dragon's Eye 7.30pm Angel of the Valleys

STV News and Weather 10.40 Being Victor 11.10 Politics Now 12.00m't Brain Box 1.00am The Jeremy Kyle Show 1.55 Sons and Daughters 2.35-5.30am Out of Africa ULSTER: 7.30pm The

Seven Thirty Show 10.30 UTV Live 11.00 Adoption Crisis?: Tonight 11.30 RPM 12.00m't Brain Box ITV1 WALES: 7.30pm Wales This Week 10.35 The Johnny Owen Story 11.05 Sharp End 11.35 Adoption Crisis? Tonight 12.00m't Captains' Climb

TODAY'S SPORT

sky SPORTS 1

6.00am Good Morning Sports Fans (HD) 9.00 WE Golf: The HSBC Champions at Sheshan Golf Club in China. (HD)

1.00pm Football: Action from the matchday four fixtures, including Chelsea vs Spartak Moscow, Shakhtar Donetsk vs Arsenal and AC Milan vs Real Madrid. (HD)

2.00 Golf (HD) 6.00 Football (HD)

7.00 Sky Sports News at Seven (HD) 7.30 Premier League World (HD)

8.00 The Rugby Club (HD)

9.00 Ringside (HD) 10.00 Time of Our Lives

11.00 The Rugby Gub (HD)

12.00m't Ringside (HD)

1.00am Time of Our Lives

2.00 The Rugby Club (HD)

3.00-6.00am DE Cricket: The second one-day international between Australia and Sri Lanka in Sydney.

sky SPORTS 2

6.00am Aerobics 6.30 Urban Ride 7.00 WWE: Experience (HD) 8.00 Total Rugby 8.30 FIFA Futbol Mundial 9.00 Footbal

(HD) 10.00 Motor Racing 11.00 Transworld Sport

12.00noon Total Rugby 12.30pm FIFA Futbol Mundial

1.00 Champions Tour Golf 2.00 Transworld Sport

3.00 Football (HD)

4.00 FIFA Futbol Mundial

4.30 Total Rugby

5.00 Transworld Sport

6.00 Karting 6.30 Race World

7.30 INS Football: The under-16 match between Northern Ireland and England, kick-off 7.35pm. (HD)

9.30 Golf (HD) 11.00 Golfing World 12.00m't Football: Northern Ireland vs England. (HD) 2.00-5.30am Snooker

FILM4 (315)

6.30pm The Poseidon Adventure 8.45 Mike Leigh Special 9.00 Cloverfield: Offbeat disaster movie. 10.35 Happy-Go-Lucky 12.50am Happy-Go-Lucky Special 1.00-4.00am The Death of Mr Lazarescu

COMEDY CENTRAL (126)

7.00pm The King of Queens 8.00 Scrubs 9.00 Two and a Half Men 10.00 South Park 11.00 Sex and the City 12.10am Two and a Half Men 1.10 South Park 2.10 Rules of Engagement 3.10 Scrubs 4.05 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier



6.00pm WEFA Europa League Football 10.00

ESPN Kicks Extra 10.15 Goal! 10.45 MMA Live 11.30 UEFA Europa League Highlights 1.30am Press Pass 2010 2.00 NBA Action 2.30-5.00am Wajor League Soccer

DISCOVERY (520)

6.00pm Mythbusters 8.00 How Do They Do It? 8.30 How It's Made 9.00 I Shouldn't Be Alive 10.00 Deadliest Catch 1.00am Bear Grylls: Born Survivor 2.00 Chris Barrie's Massive Machines: A look at tanks. 3.00 World War Two: The Complete History 3.50 Treasure Quest 4.40 Days That Shook the World 5.30-6.00am How Does That Work?

BBC3 (115)

7.00pm Top Gear 8.00 Secrets of the Universe 9.00 Cannabis: Britain's Secret Farms: Investigating cannabis production in the UK. 10.00 EastEnders 10.30 Russell Howard's Good News 11.00 Family Guy 11.45 Freak Like Me 12.15am Secrets of the Universe 1.10 Russell Howard's Good News 1.40 Cannabis: Britain's Secret Farms 2.40 Wait Till Your Teacher Gets Home! 3.40 Freak Like Me 4.10-5.10am Lip Service

6.55pm Hollyoaks 7.30 Friends 9.00 NEW The Big Bang Theory: Sheldon arranges a date. 9.30 How I Met Your Mother 10.00 MUSISSE Phone Shop 11.05 Rude Tube 11.40 Misfits 12.40am Scrubs 1.35 Rude Tube 1.55 Misfits 2.50 What About Brian 3.30 Reno 911! 3.50 Switched 4.15 Accidentally on Purpose 4.35-6.00am Switched

DAVE (111)

6.30pm James May's Big I deas 7.50 QI 8.30 Carpool 9.00 TIM The Last Samurai: Epicaction drama starring Tom Cruise. 12.10am Mock the Week 12.50 QI 2.05 Never Mind the Buzzcocks 2.35-3.00am Whose Line Is It Anyway?

MTV (350)

7.00pm 16 and Pregnant 8.00 Randy Jackson's America's Best Dance Crew 9.00 Jersey Shore 10.00 Making the

6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R) 8.00 Oops TV (R) 9.00 Liza and Huey's Pet Nation (R) (HD) 10.00 Cold Case (R) 11.00 Kim's Rude Awakening (R)(HD) 11.30 Medical Emergency (R) 12.00noon The Biggest Loser US 1.00pm Customs (R) 1.30 Customs (R) 2.00 Stargate Atlantis (R) (HD) 3.00 Stargate Atlantis (R)(HD) 4.00 Cold Case (R) 5.00 Malcolm in the Middle (R) 5.30 Futurama (R) 6.00 Oops TV (R)(HD) 6.30 The Simpsons (R)

7.00 The Middle

Brick works on his social skills at a family barbecue. He ought to work on a name change while he's at it. (R)(HD)

7.30 The Simpsons

Marge becomes a sex symbol after posing for a calendar. (R)(HD)

8.00 Modern Family

Ace comedy. Cam is reminded of a traumatic childhood experience. (HD)

8.30 The Simpsons

Lisa goes undercover in a convent. (R)

9.00 An Idiot Abroad

MUST-SEE Karl has a miserable time in Peru in this, the last in the brilliant series. (HD)

10.00 A League of Their Own MUST-SEE Sport-based comedy quiz show. (HD)

10.30 A League of Their Own MUST-SEE With comic Patrick Kielty. (HD)

11.00 NCIS: Los Angeles 12.00m't Wives (R)(HD)

1.00 Road Wars (R)(HD) 2.55 Oops TV (R) (HD) 3.20 Lost (R)(HD) 4.20 Sell Me the Answer(R)(HD) 5.10-6.00am Are You Smarter Than a 10 Year Old? (R)(HD)

Movie 10.30 Jackass: Steve-O waxes all his body hair. 12.00m't South Park 1.00am The Dudesons in America 2.00 South Park 3.00-6.00am All the Hits

SYFY (129)

7.00pm Buffy the Vampire Slayer 8.00 Fact or Faked: Paranormal Files 9.00 Warehouse 13 10.00 Haven 11.00 FLM Journey to the Center of the Earth: Thriller starring Greg Evigan. 12.40am Boogeyman 3: Honorsequel starring Erin Cahill. 2.30 3rd Rock from the Sun 3.00 Mysterious Ways 4.00 Quantum Leap 5.00-6.00am Smallville

FX (164)

7.00pm NCIS 9.00 Family Guy: Brian's new girlfriend leaves him. 10.00 American Dad! 11.00 Family Guy 12.00m't Farscape: The crew travel to Katratzi. 1.00am Babylon 5 2.00 ReGenesis 3.00-4.00am Water Rats

TODAY'S MUST-SEES





Nikita

Living, 9pm

A former Division agent attracts the attention of agency chief Percy, who in turn sets out to destroy him. But Nikita realises this guy could be a useful ally, so she naturally scuppers



PhoneShop E4, 10pm

who'll ending up taking the crown? ★★★

Back-to-back episodes bring to a close this new series of the strange and surreal phone-based comedy. Little Gary Patel's out of the picture as this month's top salesman, so



A League

Sky1/HD, 10pm

Of Their Own

COMEDY It's a double-bill of the sport-based

comedy quiz. Kevin Pietersen (great)

and Amanda Holden (pointless) help

Freddie Flintoff, who was once nearly

measured up for a Madame Tussauds

out in the first episode, pondering a host of sport-related questions.

And then there's team captain

An Idiot Abroad Sky1/HD, 9pm

Things were

awkward between them after last night

COMEDY Karl finds himself in the middle of the Peruvian jungle for his final mission.

"I never watch Tarzan and think, 'That looks like a good holiday!'" As always, Karl isn't happy. But we are, 'cos it makes for cracking viewing! ★★★★



True Blood Channel 4, 11pm

Goody Godric has saved Sookie and DRAMA is all about peace and love. Bore off, Godric! We say bite the stupid anti-vamp church and take them down! Sadly, Godric leaves peacefully, but Pastor Steve sends them a "message".



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My Girlfriends Sister Got Naked-

Uncensored Girls Home Movie-

Student Girls Seduce Each Other

Lucy Pinder Uncensored Movie

My Mates Girlfriend And My Ex-

Horny Neighbour Teases Me So Much

Caught Her Seducing My Hot Girlfriend-

I Caught My Ex With My New Girlfriend-

Caught My Sisters Mate Playing Outside

My Dads Secretary Likes To Get Naked For Me

Danielle Lloyd Naked --

2 Students Get It On -

Naked Rhian Sugden

Lucy Pinder On Her Back-

Older Girl Gets Randy

18 Yr Olds First Uncensored Home Movie



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Blonde Shows Hot Curves!





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Ship Horn-	-376615
Big Bang Theory - Bazingal-	-372512
Stewie Griffin - Cool W-hip	-379613
Tarzan Call	-375138
THX Digital Sound	-373753
Alan Sugar - Youre Fired	-376101
Peter - Griffin Rock Lobster-	-370582
Captain Caveman	-372367
Road Runner	-374144
CB Radio 10-4	
Sid James Laugh	-375948
Darth Vader - I Am Your Father	-375727







THEME TUN

Formula 1376395	Halloween377110
Only Fools And Horses — 373188	Shameless 377632
Dueling Banjos373290	Red Dwarf379956
True Blood 376667	Littlest Hobo377429
Family Guy 372009	KIII Bill Whistle377413
Hangover Stu's Tiger Song — 376279	The Simpsons 377291
Spongebob Squarepants—373237	Dukes Of Hazzard377288
Thundercats 374953	Hawaii Five-O377287
Doctor Who 2010372215	Magnum PI377145
Captain Pugwash 372828	Knight Rider377143
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A pint of trivia and a packet of crisps, please!



Some people are actually capable referred to as "electric people" or "human eels"

The human heart creates enough pressure to squirt blood ten metres.

In 2008, Papa John's "mowed" a six-acre advertisement for their pizzas into a wheat field next to **Denver International Airport that** arriving passengers could see.

The Divine Studios hotel in New York includes a room in which all of the paintings and ornaments, and even the fireplace, are made out of chocolate, which quests are allowed to eat.

Mosquito repellents don't repel, they hide you. The spray blocks the mosquito's sensors, so they don't know you're there.

A rat can survive longer without water than a camel.

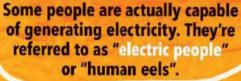
Every September in Olney, Texas, there's a bird-hunting event held specifically for people with one arm.

The new Formula Rossa rollercoaster in Abu Dhabi, opening at the end of October, will be the fastest in the world, travelling at speeds of up to 149mph

The largest sand castle ever made, by Ed Jarrett of Maine, USA, was ten metres tall and needed just under a million pounds of sand to make.

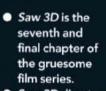
George Reiger of Pennsylvania has over 2,000 Disney characters tattooed on his body.

Bulletproof vests, fire escapes, windscreen wipers and laser printers were all invented by women.

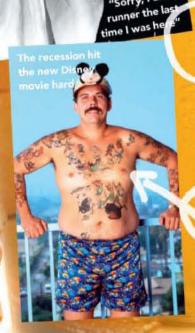


PUB AMMO ON... THE SAW MOVIES

"Please don't make me have sex with Widdecombal"



- Saw 3D director **Kevin Greutert** arrived in Toronto on 28 January, 2010, to read the script and visit the set. He began work on the film the very next day.
- Saw 2 was shot in just 25 days, all in one building. It took around
- 120,000 syringes to complete the needle pit scene in Saw 2.
- The first Saw cost £750,000 to make, but raked in over £35m in profits in the US alone.
- Saw 3D is at cinemas from 29 October.



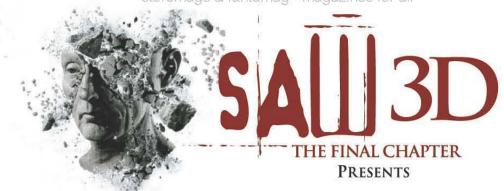


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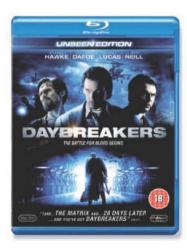














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